

ADMYRE: Advocating for My Relationships

What does the simulation look like?

- During the simulation, students walk through one of eight short stories based on **real-life scenarios** of unhealthy relationships. Students make decisions as if they are the main character, and then discuss how the relationship impacted the lives of their character.
- We encourage you to have a school counselor present for students in case they feel the need to talk to someone about what they experienced during the simulation.

Where can you get more information?

For more information about ADMYRE, [click on the ADMYRE trailer](#) and other videos.

What do you need for the simulation?

- The following is a list of what we need to create the best simulation at your school.
 - A room for the simulation large enough to allow groups of students to walk around to 12 stations on the perimeter of the room
 - 6 tables large enough to allow for 5 students per table
 - A **minimum** of 90 minutes to complete the simulation
 - A **maximum** of 30 students per session
 - Access to a projector screen or wall

Please provide the necessary information by clicking on the [ADMYRE sim request](#) if you would like our team to present ADMYRE. This information will help us best accommodate your needs and know how many staff to bring.



Parenting: It's a Life offers a teen dating violence simulation for students called "ADMYRE: Advocating for My Relationships" created in collaboration with the Iowa Coalition Against Domestic Violence.