PIAL

Current Curriculum

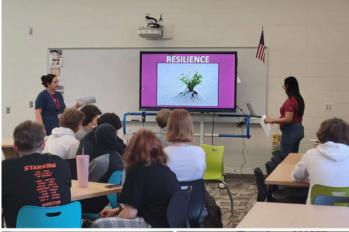
SOME EXCITING CHANGES ARE COMING TO THE PIAL CURRICULUM THIS YEAR. PIAL IS CURRENTLY UPDATING EACH MODULE TO PROVIDE AN EVEN MORE ENGAGING AND INFORMATIVE EXPERIENCE FOR YOUTH. WITH THAT COMES SOME CHANGES TO PIAL OFFERINGS FOR THE YEAR. THE MODULES WILL BE RELEASED AS THEY ARE FINISHED.

NEW! RESILIENCY

Our Resiliency module is now available and recommended for middle and high school classrooms! In this new module, students will learn about different types of stress and how to build resilience through positive coping skills.

In the first activiy, students watch a video that introduces them to the three types of stress and the resiliency scale. With the resiliency scale, students learn how negative experiences and postive supports can impact a person's capacity for resiliency. Using Maya's story, studens will build a resilience scale, determining positive supports and trusted adults that helped Maya improve her resilience.

Then students read through scenarios and identify as a class if the coping strategy used was helpful, harmful, or useless. At the end, students are asked to fill out a worksheet to identify a stress in their life (toxic, tolerable, or positive). They will then identify positive coping skills and trusted adults to help them through this stress. Ultimately, students will build their resilience!

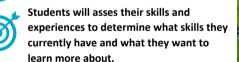






CAREER READINESS

Students will determine what they want and value in a future career or job.



Students will practice preparing for an interview by studying a resume, choosing an outfit to wear, and using the STAR method to answer questions while learning the 7 skills employers look for in a new hire.

COST OF RAISING A CHILD

Understand variable costs that may change over time and stimulate critical thinking by analyzing specific parenting situations, evaluating options, and making informed decisions in a spending simulation

Versions Available:





HEALTHY RELATIONSHIPS



ADVOCATING FOR MY RELATIONSHIPS

DATING VIOLENCE AWARENESS PROGRAM



Students will learn the signs of dating violence and resources available to advocate for healthy relationships.

Versions Available:

MIDDLE SCHOOL HIGH SCHOOL



ONLINE

ONLY



Students will engage in conversations about healthy and unhealthy relationships, practice healthy relationship behaviors, and assess current relationships to determine if they are healthy.

Versions Available:

MIDDLE SCHOOL





COMING SOON ... MENTAL HEALTH!

Request a Visit Today!

The Parenting: It's a Life project is a partnership between Iowa State University, Iowa Child Support, and the Iowa Attorney General's offi