

Advocating for My Relationships

Frequently Asked Questions

What does the teen dating violence awareness program look like?

- During the program, students walk through one of eight short stories based on real-life scenarios of unhealthy relationships. Students make decisions as if they are the main character and then discuss how the relationship impacted the life of their character.
- Students complete debrief activities to identify unhealthy relationship characteristics and empower them to use their words and resources to promote healthy relationships.
- A school counselor should be present in case students need to talk to someone about what they experienced during the simulation.

Where can you get more information?

- For more information about ADMYRE, [click here to view the ADMYRE trailer](#).

What do you need for the program?

- The following is a list of what we need to create the best simulation at your school.
 - A room for the simulation large enough to allow groups of students to walk around to 12 stations on the perimeter of the room
 - 6 tables large enough to allow for 5 students per table
 - A **minimum** of 90 minutes to complete the program (alternative versions are offered, if certain requirements are met)
 - A **maximum** of 30 students per session
 - Access to a projector

Please click on the “Request ADMYRE in Iowa” button if you would like our team to present ADMYRE. Click on the “Online Access” button to request our free, accessible online options.

[Open ADMYRE Visit Request Form](#)

[Open ADMYRE Online Access Form](#)



ADMYRE: Advocating for My Relationships is a teen dating violence awareness program created in collaboration with the Iowa Coalition Against Domestic Violence and Iowa Child Support.

