



**YOUTH TRANSITION DECISION-MAKING:  
Youth Feedback on their Dream Team**  
Survey Results

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April 15, 2015

## EXECUTIVE SUMMARY

A workgroup formed in April 2013 to design and implement an evaluation of youth experiences during the Youth Transition Decision-Making (YTDM) process. The team consisted of members from the Iowa Department of Human Services (IDHS), the Youth Policy Institute of Iowa (YPPI), and the Child Welfare Research and Training Project (ISU). Data were collected between October 2013 and December 2014. Of the 47 youth names obtained from YTDM facilitator, a total of 33 youth were reached by telephone interviewers. The 21 closed-ended items were used to form six summary scales: three scales focused on youth experiences with their dream team (meetings; plan; people) and three assessed youth feelings about their transition from foster care (optimistic; supportive; productive). The one open-ended item asked for other comments about the Dream Team experience.

In general, the results show that these youth have a positive perception of their YTDM experiences and a favorable outlook regarding their transition from foster care.

The vast majority reported that they chose to have the meeting (94%), knew what to expect (73%), felt involved in the conversation (91%), and were treated with respect (100%). They reported that their transition plan was a good one for them (91%), they know next steps (76%), and know how to find help to reach their goals (100%). Most reported they had enough caring people in their lives (91%), the people on their team will help them reach their goals (100%), and they know where to find help to reach their goals (94%).

Most youth felt the meetings were mostly helpful (85%), on-track (85%), and encouraging (88%). The majority reported that the meetings were enjoyable (85%) and useful (91%). Regarding their transition from foster care, the youth mostly felt supported (94%), hopeful (67%), respected (73%), confident (73%), and ready (85%) for their transition from foster care. Most youth (97%) said they would recommend a Dream Team to others in foster care.

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## **Project Background**

A workgroup was formed in April 2013 to design and implement an evaluation of the Youth Transition Decision Making (YTDM) process. The workgroup met five times and communicated via email to develop the survey tool and administration plan. The specific focus of the survey was to obtain youth feedback regarding their experiences with YTDM meetings (aka Dream Teams) in order to provide evidence of the quality and effectiveness of these meetings.

The data collection effort was funded through support provided by a Chaffee Grant to the Iowa Department of Human Services (IDHS). In addition to the survey, an additional outcome of the workgroup meetings was the addition of a YTDM meeting identifier (code) to the DHS reporting system for purposes of tracking the number of such meetings held.

The Child Welfare Research and Training Project (ISU), Iowa Department of Human Services (IDHS), and Youth Policy Institute of Iowa (YPPI) developed the telephone survey that was used to evaluate youth experiences during the YTDM process. The Survey and Behavioral Research Services (SBRS) at Iowa State University (ISU) administered the survey under the direction of CWRTP. Staff at CWRTP analyzed the results and prepared the final report.

### **Workgroup Participants**

Carol Behrer, Youth Policy Institute of Iowa  
Kodi Baughman, Youth Representative  
Chad Dahm, Iowa Department of Human Services  
Wendy Havemann, Iowa State University  
Kate Lee, Jim Casey Youth Opportunities Initiative  
Sandy Lint, Iowa Department of Human Services  
Eddy Vanderquaak, Youth Representative  
Holli Miller, Iowa Department of Human Services  
Janet N. Melby, Iowa State University  
Lynn Tiede, Jim Casey Youth Opportunities Initiative  
Doug Wolf, Iowa Department of Human Services

### **Data Collection**

Janice Larson, Survey and Behavioral Research Services, ISU  
Jodie Fox, Survey and Behavioral Research Services, ISU

## Background of Survey Project

In partnership with the Iowa Department of Human Services, the Child Welfare Research and Training Project (CWRTP) arranged for the Survey and Behavioral Research Services (SBRS) at Iowa State University to conduct a telephone survey with youth in foster care who had participated in Youth Transitioning Decision Making (YTDM) meetings. At the time, these youth were under state supervision as youth (typically, age 15 through 17 years) in foster care who were preparing to transition out of state supervision and into adulthood. These de-identified data are intended to be used to evaluate the impact of YTDM practice in Iowa.

## Study Design

The study was designed with the intent that any youth who had a YTDM meeting was to be invited to participate in a phone survey within two weeks of their YTDM meeting. Typically, YTDM meetings are at a location selected by the youth. The meeting facilitator works with the youth to determine participants in the meeting (persons chosen by the youth) to assist them in planning for transitioning out of foster care at age 18 years.

The youth's preferred phone number and email address was collected by the meeting facilitator as part of the assent process (Appendix A, Permission to Survey form). The meeting facilitators were asked to follow a specific procedure for obtaining youth permission (Appendix B, Memo to Facilitators). The completed form was submitted by the meeting facilitator to Wendy Havemann (CWRTP Transitioning Youth Specialist) using DHS security procedures. She then placed the form in a secure CyPoint folder at ISU. The folder was accessible only to Wendy Havemann and SBRS staff assigned to this project.

The survey items focused on the youth experiences with and reactions to the YTDM process (Appendix C, survey items). There were 22 items (21 closed-ended; one open-ended), and the survey took approximately 3-5 minutes to complete. The youth verbal responses were collected by telephone interviewers at ISU's Survey and Behavioral Research Services. They compiled the data and removed all respondent identifiers prior to making the data available to CWRTP for data analysis. All results were reported at the group level. Participant confidentiality was maintained throughout the survey process. No youth demographic data were collected as part of the survey.

Data collection was begun in August 2013 with an initial goal 100 completed youth interviews by December 2013. Unfortunately, the procedure for obtaining youth names from YTDM facilitators was not as successful as had been anticipated. SBRS relied upon names being provided to them. The first completed interview was in late November 2013; data collection was extended and ultimately stopped at the end of December 2014. SBRS cleaned the data and provided the de-identified data to CWRTP in February 2015. A total

of 47 youth participated in YTDM meetings during the data-collection timeframe. All youth who could be contacted by phone agreed to participate in the survey. The final sample consisted of 33 (70.2%) completed youth interviews.

The Office for Responsible Research (ORR) at ISU determined in advance of data collection that this project did not constitute “research” as it is federally defined and thus did not need to be under ORR supervision. However, all standards of confidentiality and protection of human subjects were followed by survey administrators and data analysts.

## Summary of Study Results

This section summarizes the overall study results. In general, the results of the telephone survey show that the youth respondents have a positive perception of their YTDM experiences. (*Note: The responses to individual items are shown on pages 7 – 28.*)

Ten of the questions were grouped into three general categories. Each of these items was measured using three response categories: agree, disagree, or don’t know. Regarding **YTDM Meetings**, the vast majority reported that they chose to have the meeting (94%), knew what to expect (73%), felt involved in the conversation (91%), and were treated with respect (100%). In terms of their **Transition Plan**, youth reported that the plan was a good one for them (91%), they know next steps (76%), and know how to find help to reach their goals (100%). When asked about **Relationships with People**, most reported they had enough caring people in their lives (91%), the people on their team will help them reach their goals (100%), and they know where to find help to reach their goals (94%).

Youth were also given a series of word pairs with possible responses ranging from negative (1) to positive (5). The majority selected either 4 or 5. The first five pairs asked about youths’ **Experiences and Opinions about Dream Teams**. These five items factored into two categories. For the first category, *Supportive*, most youth felt the meetings were mostly helpful (85%), on-track (85%), and encouraging (88%). For the second category, *Productive*, the majority reported that the meetings were enjoyable (85%) and useful (91%). For this series of items, only one respondent selected 2 (toward the “not helpful” end of the scale) for one of the items.

The five word pairs regarding how the youth feel “right now” about their **Transition from Foster Care** factored into one scale, *Optimistic*. Again, the majority of the youth selected either 4 or 5. The youth mostly felt supported (94%), hopeful (67%), respected (73%), confident (73%), and ready (85%).

When asked if the youth would **Recommend a Dream Team** to others in foster care, 97% (32) say “yes”; 3% (1) said “maybe”; none said “no”.

### Composite Scale Results

Six summary scales were formed (see Appendix D). Items Q1-Q10 were divided into three summary scales (meetings; plan; people). Items Q11-Q20 factored into three scales (optimistic; supportive; productive). As shown in the chart below, based on the percentage of youth who responded positively (“agree” to items 1-10; favorable or somewhat favorable for items 11-20; and “yes” to item 21), the overall results show a very positive response from the youth.

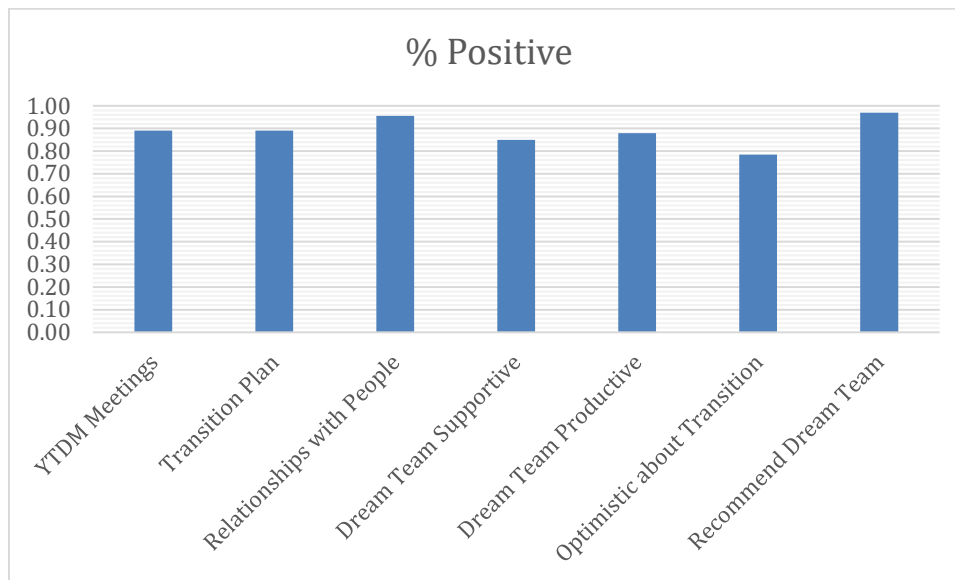


Figure 1. Percentage of youth who agree (summary scales)

### Correlations among Composite Scales

Correlational results show positive associations among the six summary scales (we exclude Recommend due to low variability). In the figure below, double arrows are used to show that these are associations vs. causal relationships. The figure illustrates that there are significant positive associations between Plan and Meetings, and between Plan and People. Higher scores on Plan are associated with higher scores on Supportive and Optimistic. Higher scores on Meeting are associated with higher scores on Supportive, Optimistic and Productive. Higher scores on People are associated with higher scores on Optimistic. Scoring higher on Optimistic are significantly associated with higher scores on both Supportive and Productive. Youth who scored higher on Optimistic scored higher on all other summary scales (Plan, Meeting, People, Supportive, and Productive).



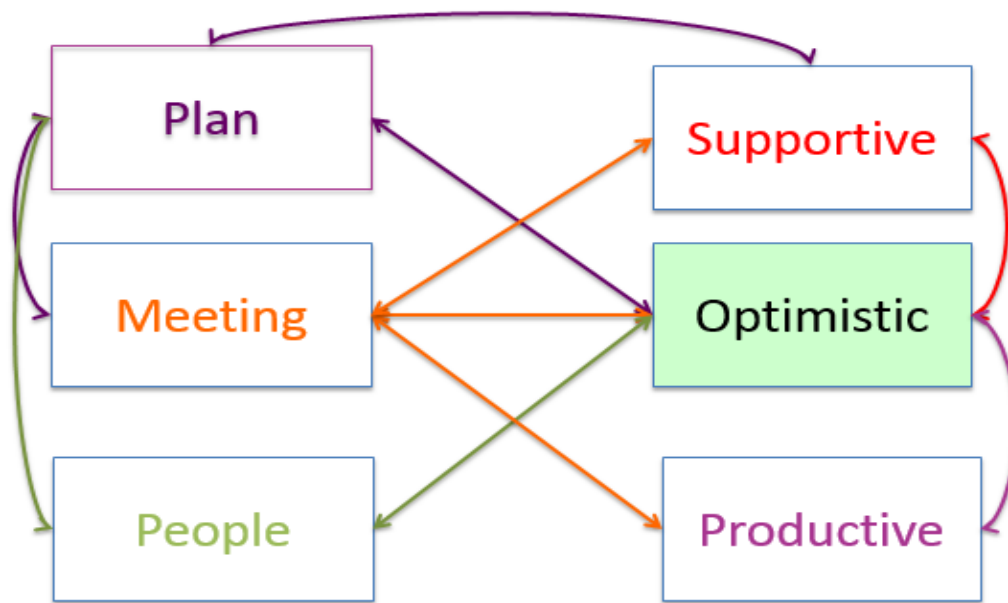


Figure 2. Associations among six summary scales.

#### Examination of Individual Responses

The variability in individual responses to survey items suggests that the youth provided thoughtful answers to the questions. Overall, 11 of 33 (33%) of youth gave a favorable response to all 20 items. Of these, 3 youth (9%) consistently gave the most favorable rating on every item. Although the youth survey responses are overwhelmingly positive, it is important to note that some of the 33 youth less favorable.

#### Possible Areas of Future Need

Although the overall results are very positive, in terms of unfavorable responses, 6 (18%) of the youth gave the least favorable response to one item and 1 (3%) youth gave the least favorable score on four items; an additional 11 (33%) youth provided somewhat unfavorable scores for one or more items, yielding a total of 18 (54%) youth who were unfavorable and/or somewhat unfavorable on one or more items. Of the 3 youth who were the least favorable, 2 youth were unfavorable on five items and 1 youth was unfavorable on nine items.

While no single youth gave consistently negative responses, the items on which they either “disagreed” or “didn’t know” were: choice in having the YTDM meeting (2; 6%), knew what to expect (9; 27%), felt involved (3; 9%), plan was good (3; 9%), know next steps (8; 24%), have enough caring people in life (3; 9%), know where to find help to reach goals (2; 6%). For the word pairs, only one of the youth for one item chose the extreme negative end of the scales. However, some youth scored toward the lower end or at the mid-point. Regarding the Dream Team, this included, not-helpful (5; 15%), frustrating (5; 15%),

pointless (3; 9%), and off-base (5; 15%). Regarding their Transition from Foster Care, some youth reported they were discouraging (4; 12%), not supported (2; 6%), worried (9; 27%), ignored (9; 27%), helpless (5), and not ready (5; 15%).

## Individual Items Responses

This section presents the response frequency to each item (Q1 – Q21) in both pie chart and bar chart:

Figure 3. I chose to have this meeting

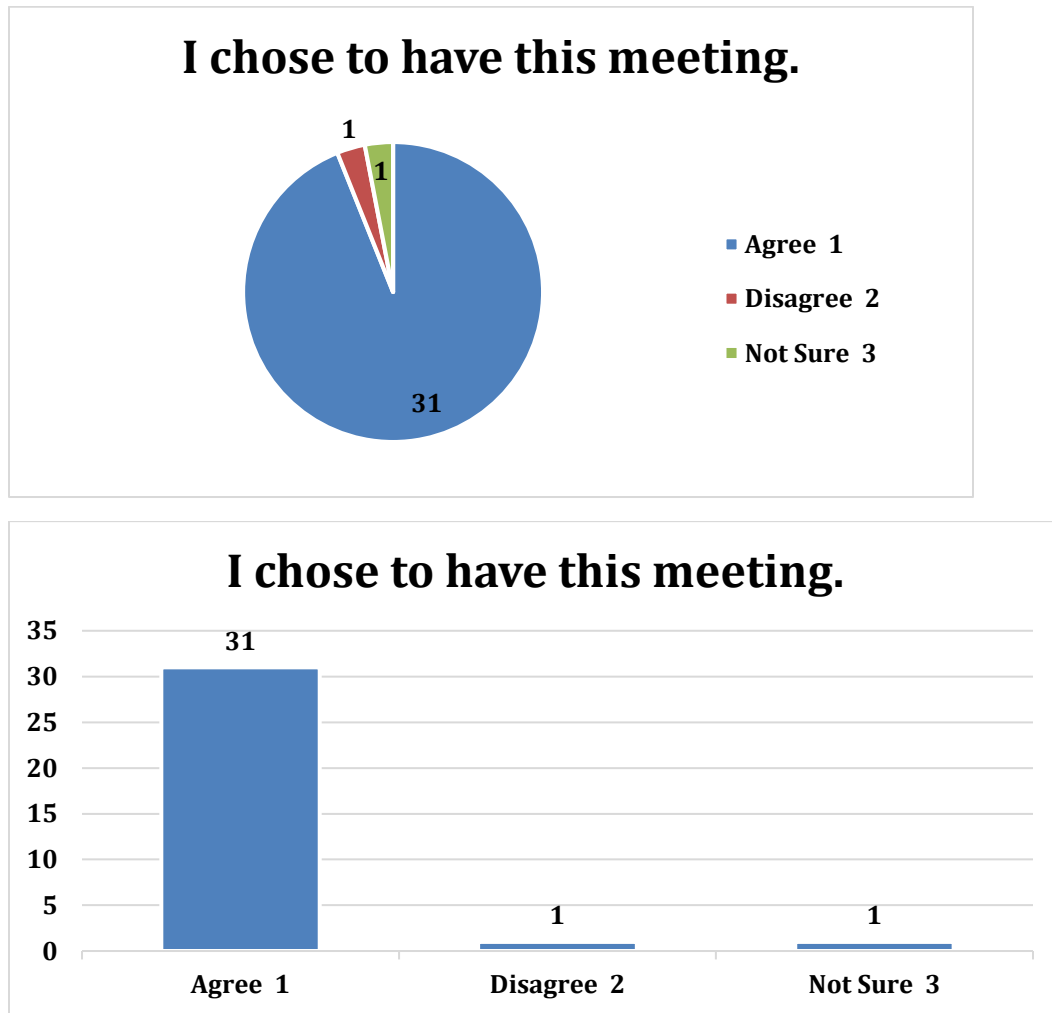


Figure 4. I knew what to expect

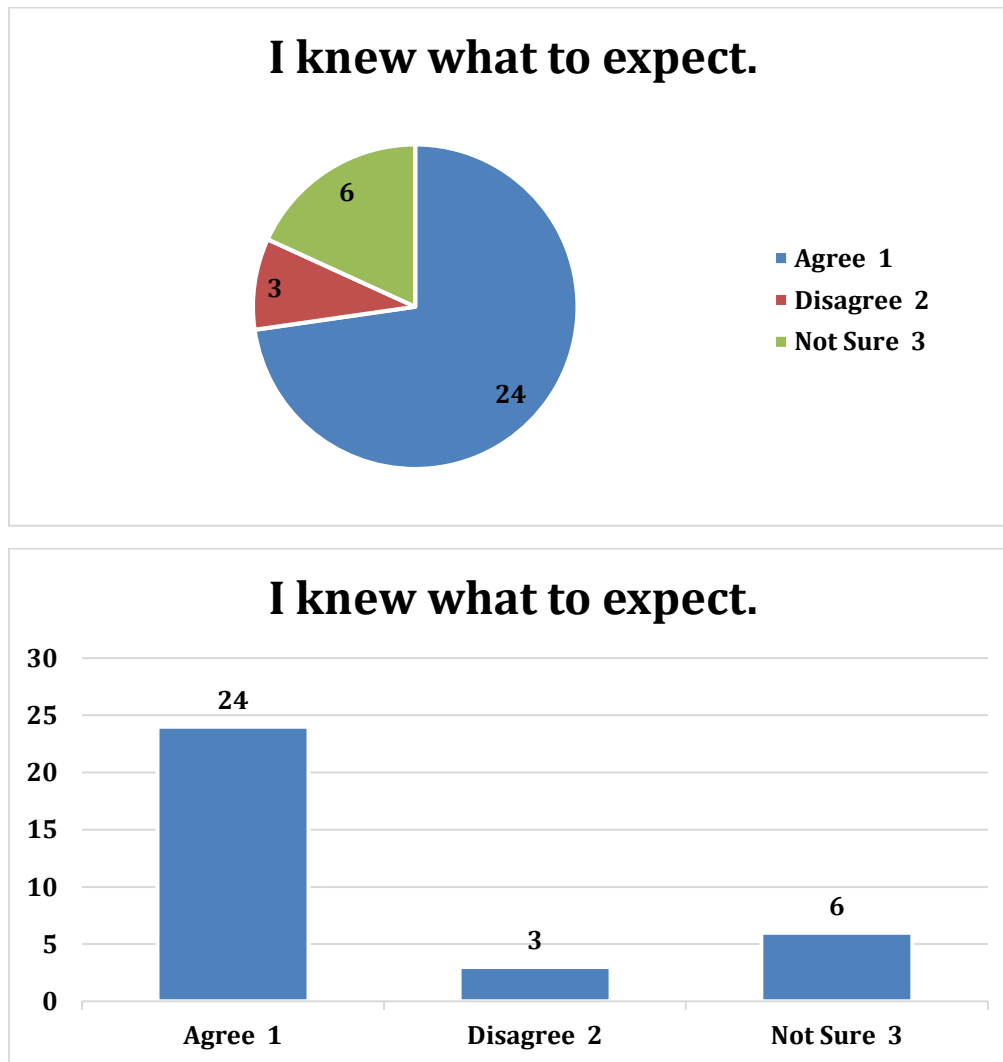


Figure 5. I felt involved in the conversation

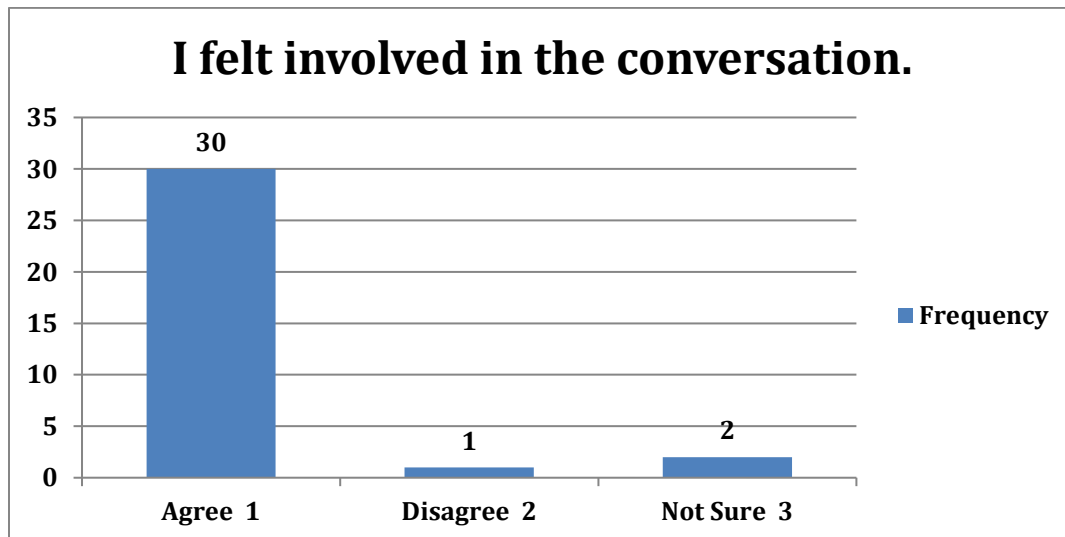
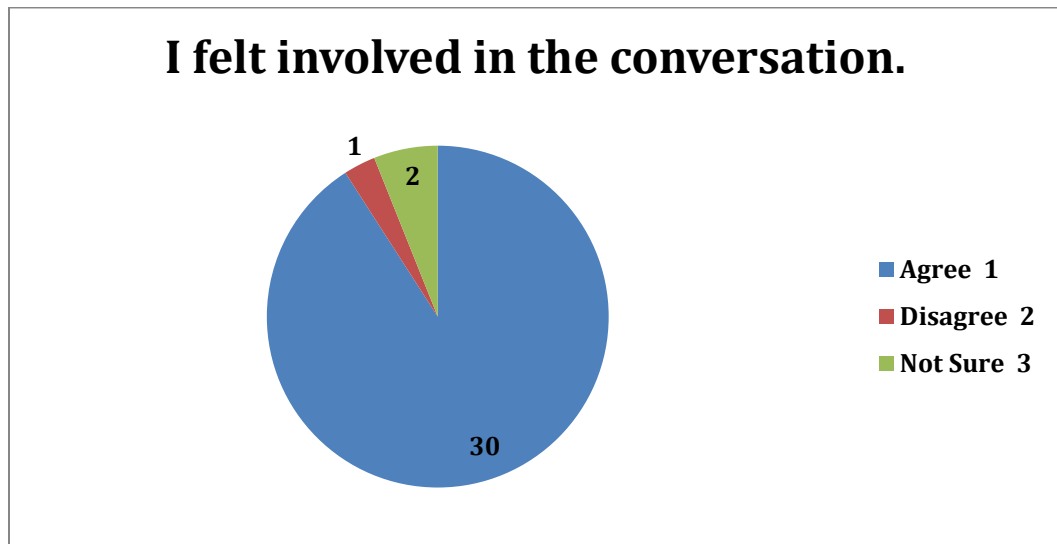


Figure 6. I was treated with respect

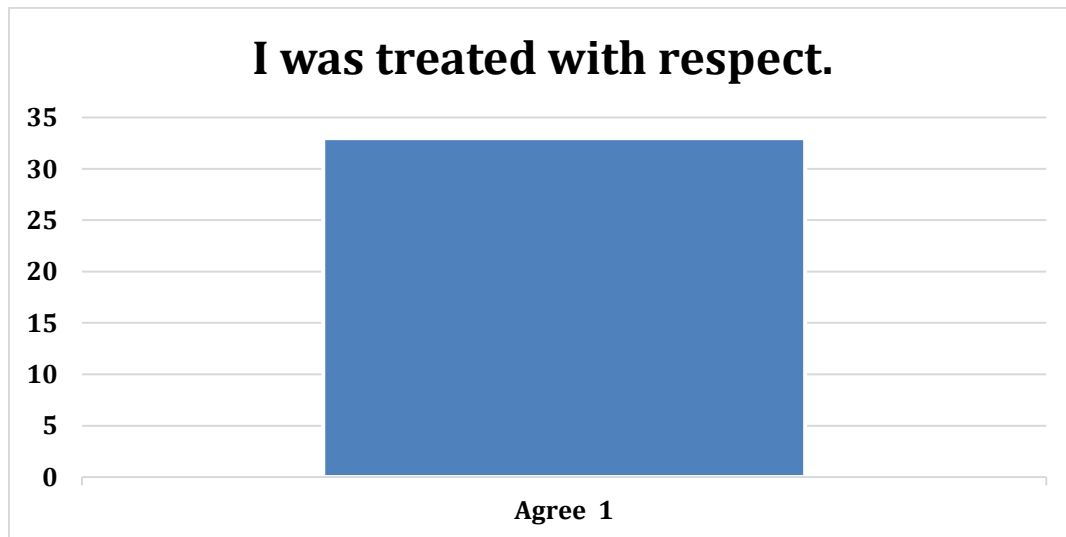
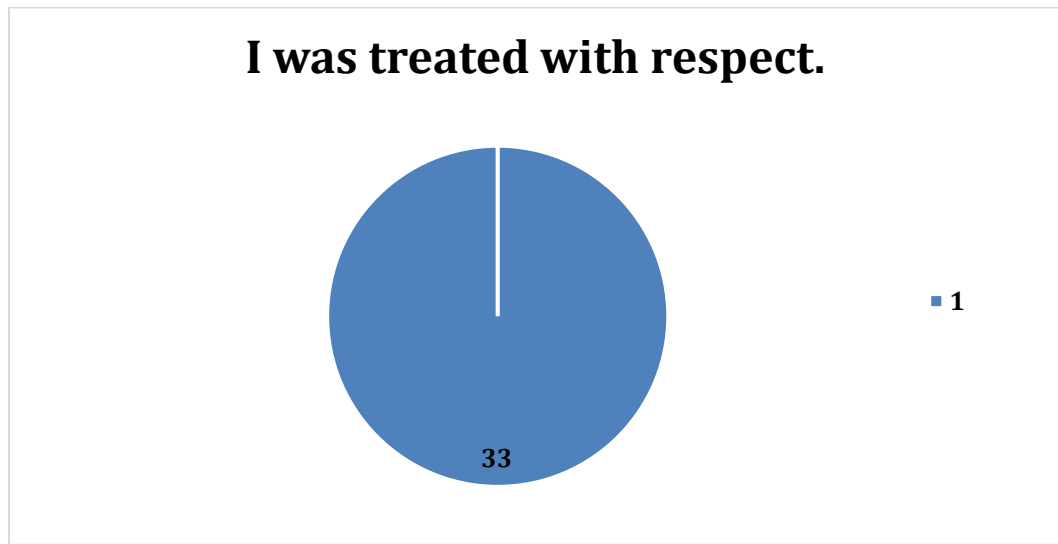


Figure 7. The plan is a good one for me

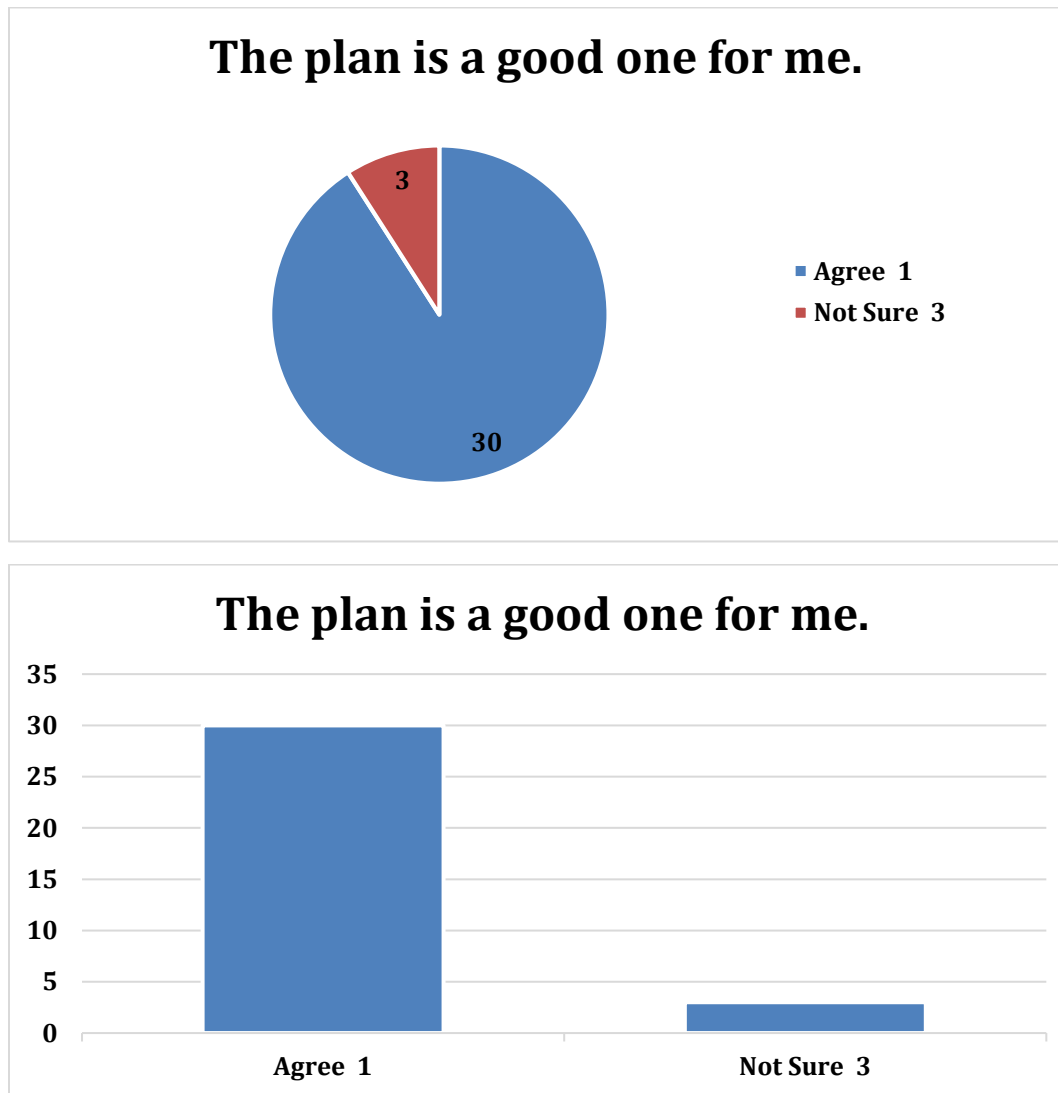


Figure 8. I know my next steps

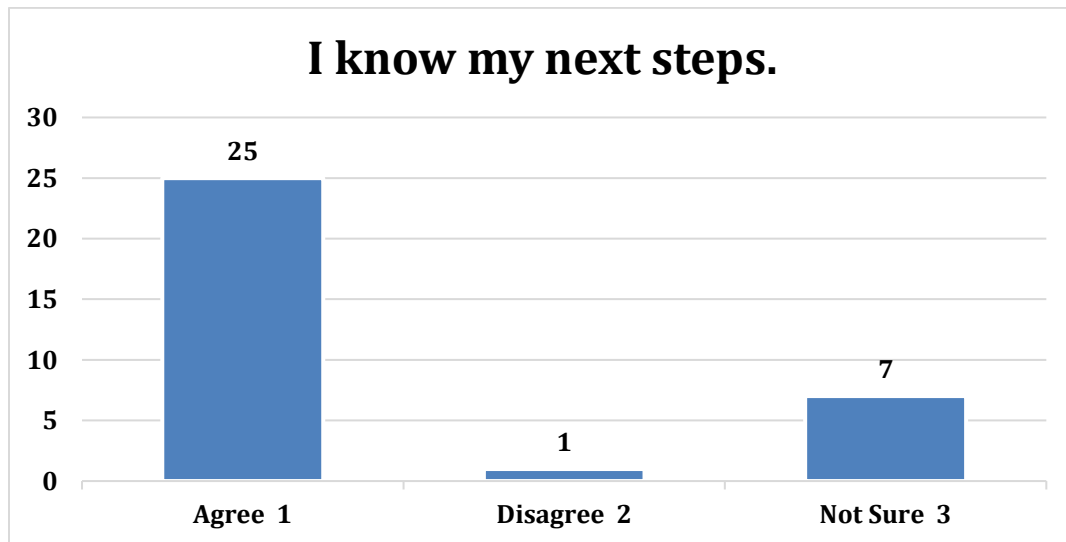
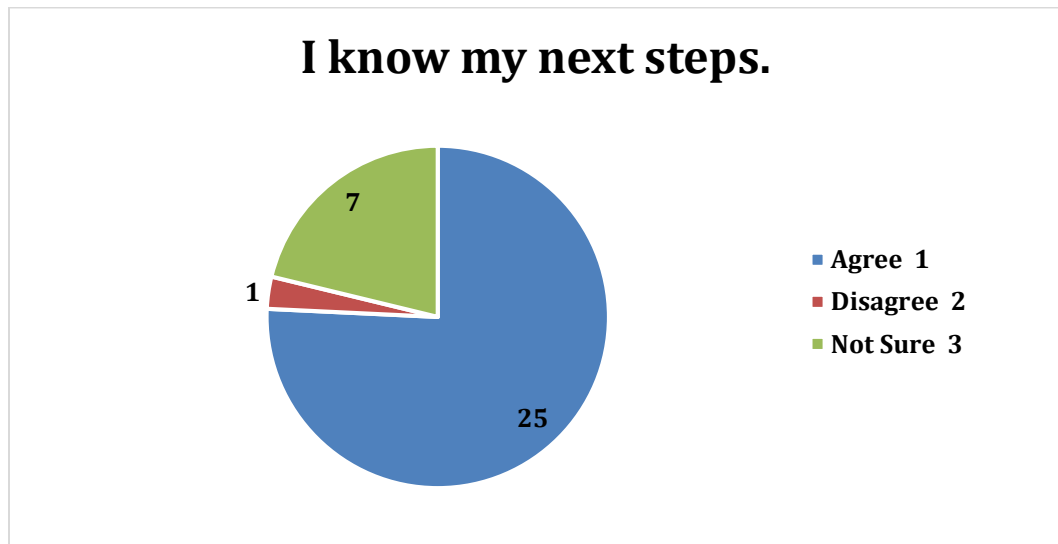




Figure 9. I know how to find help to reach my goals

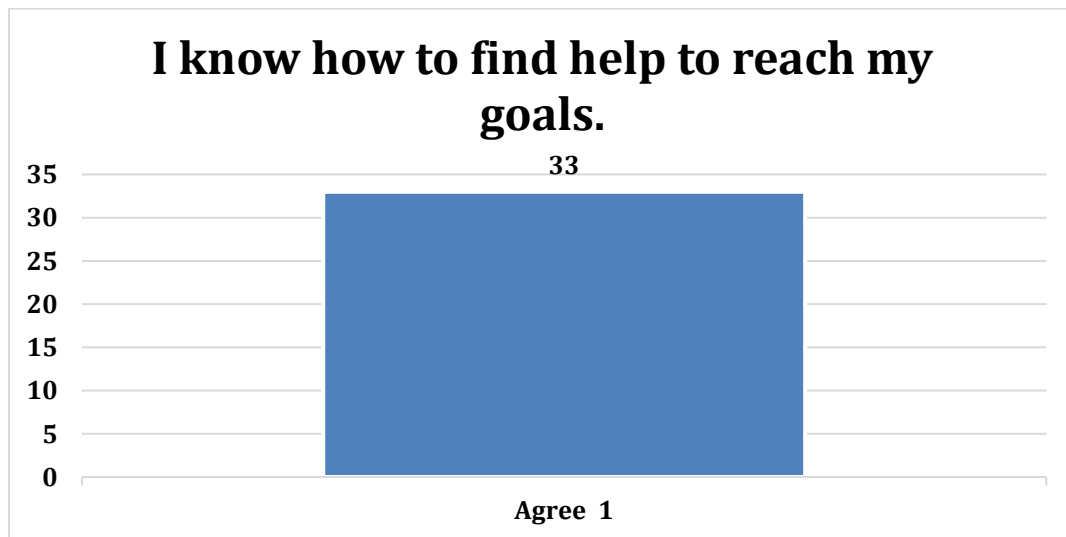
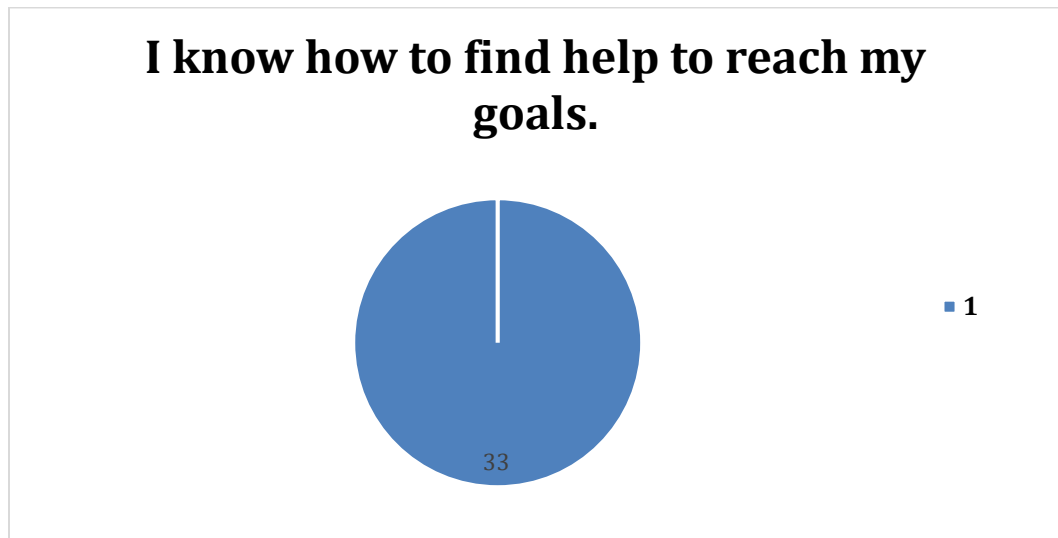


Figure 10. I have enough caring people in my life

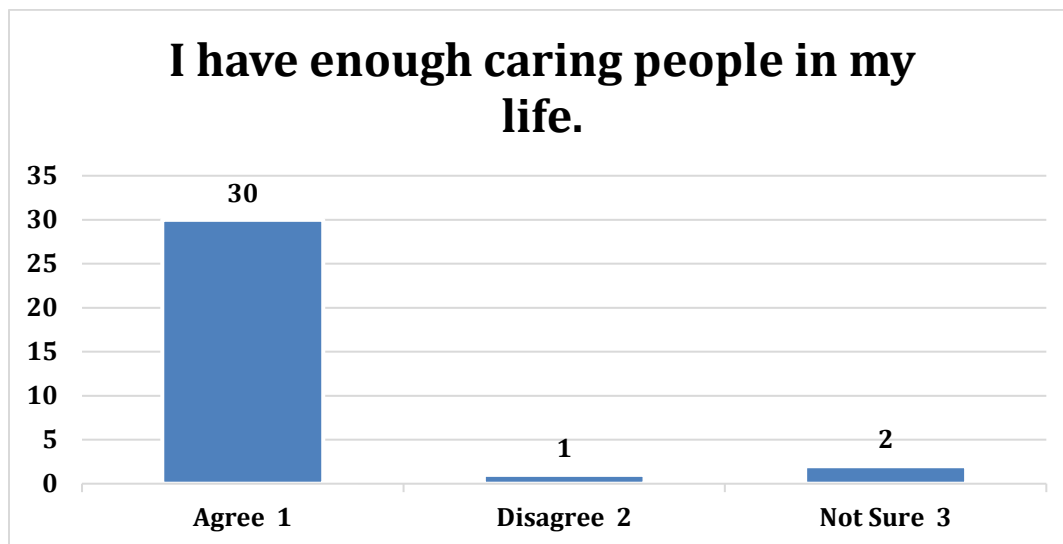
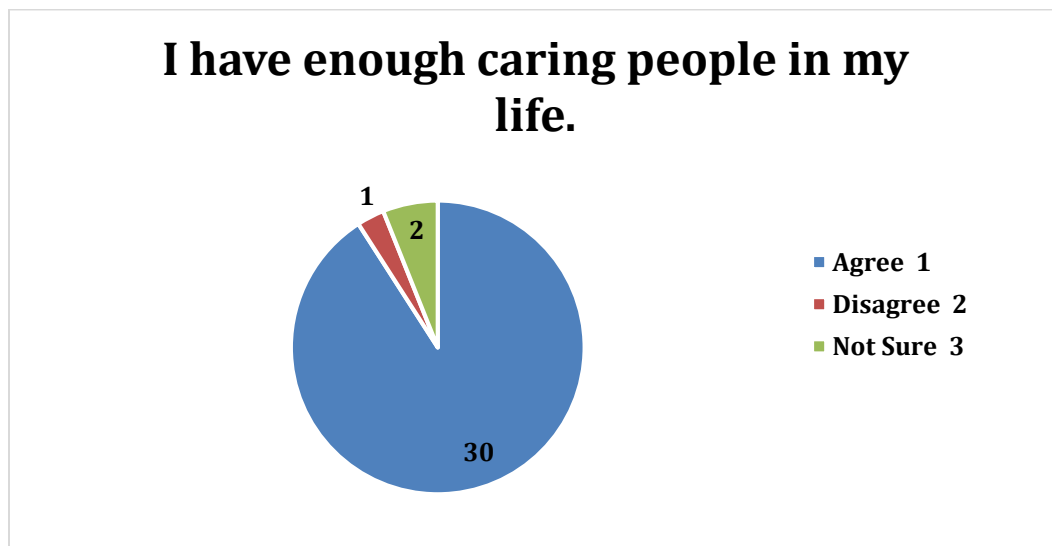


Figure 11. People on my team will help me reach my goals

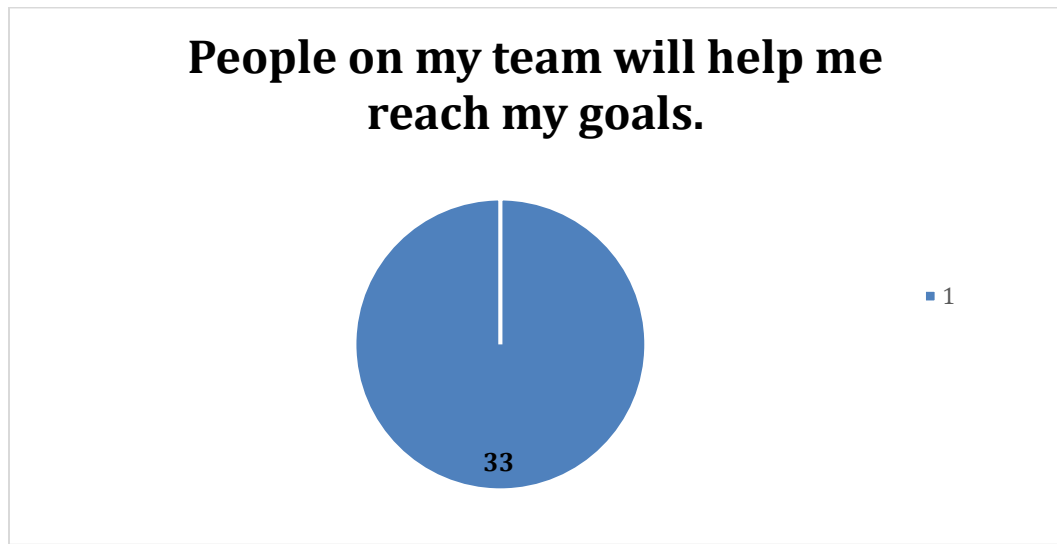


Figure 12. I know where to find help to reach my goals

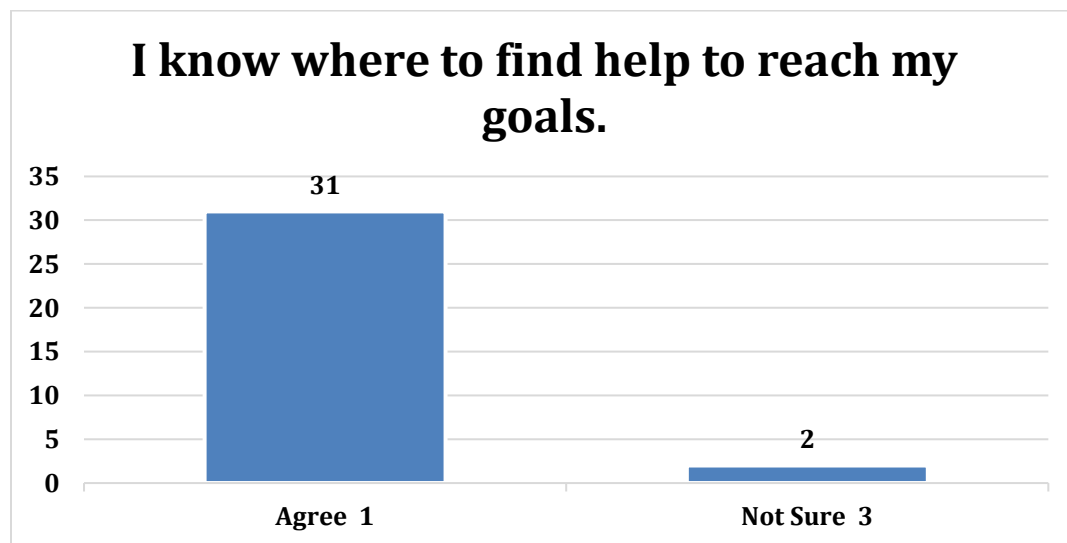
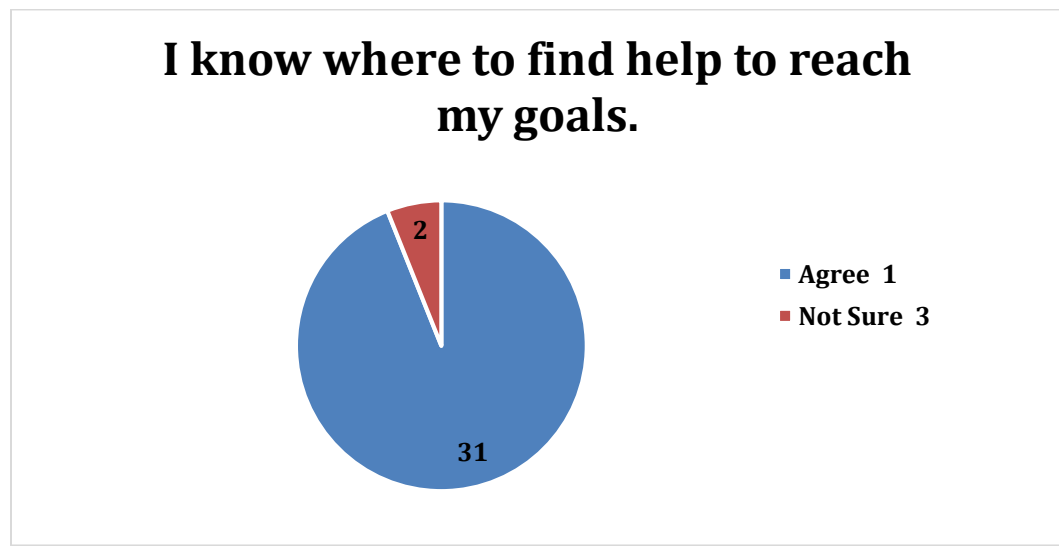


Figure 13. Dream Team: Not Helpful-Helpful

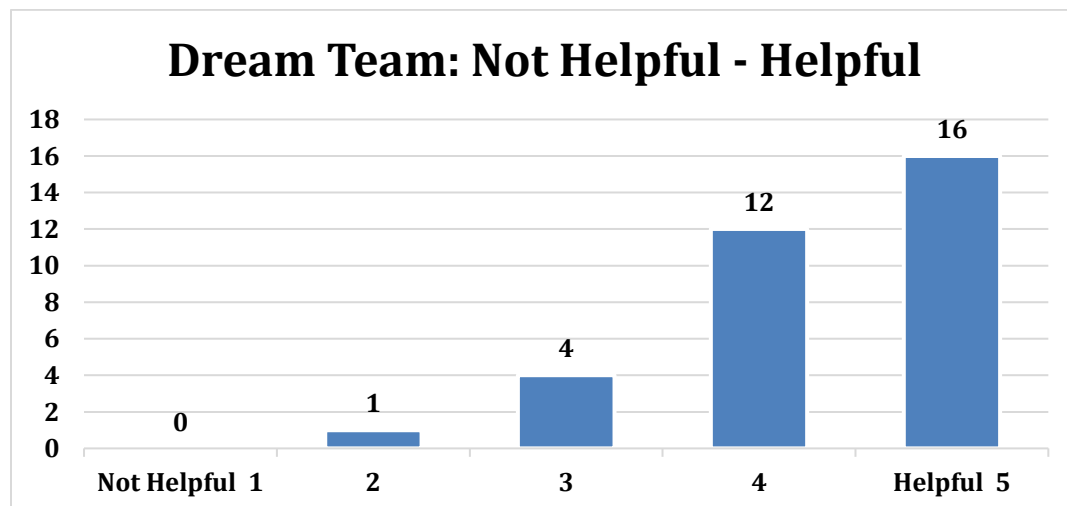
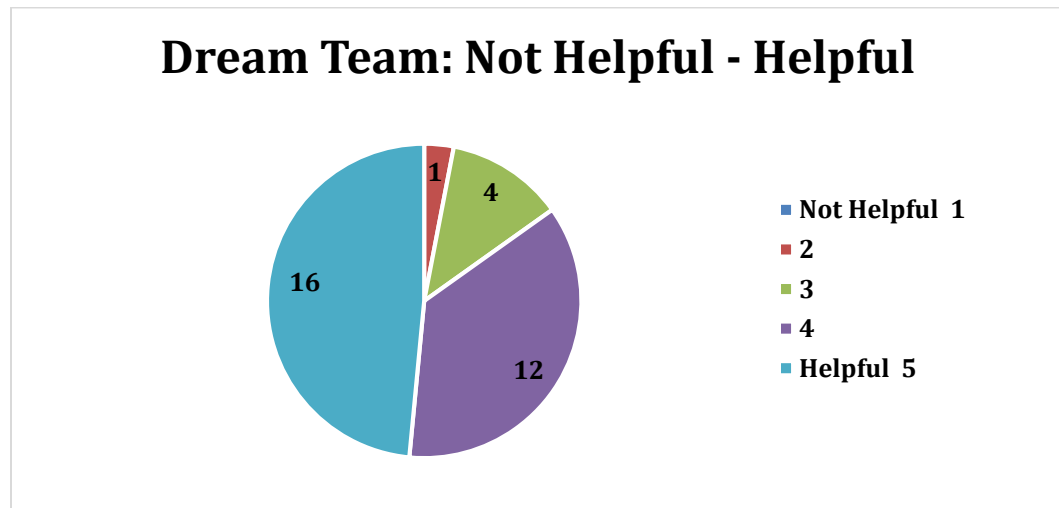


Figure 14. Dream Team: Frustrating-Enjoyable

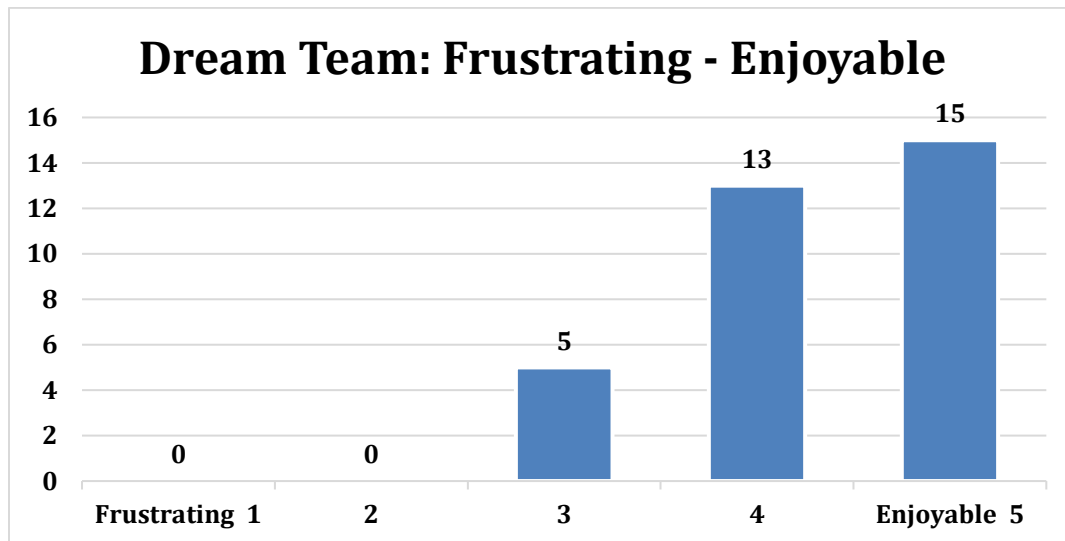
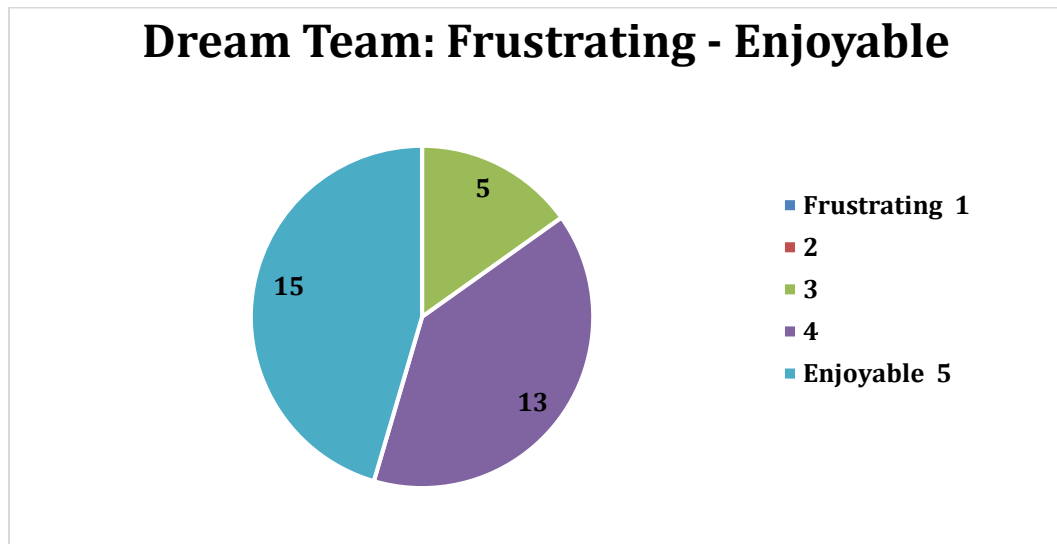


Figure 15. Dream Team: Pointless-Useful

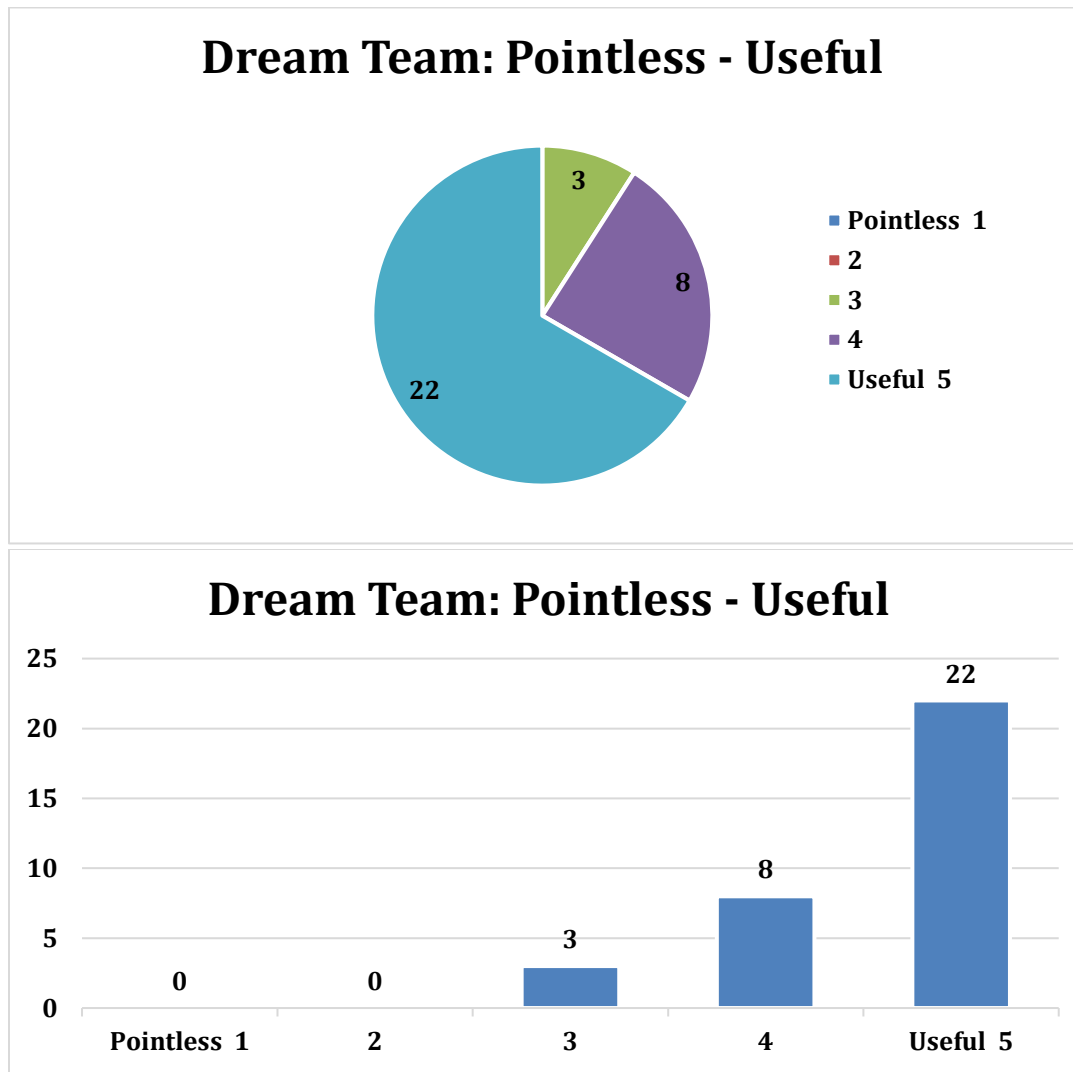


Figure 16. Dream Team: Off-base-On-track

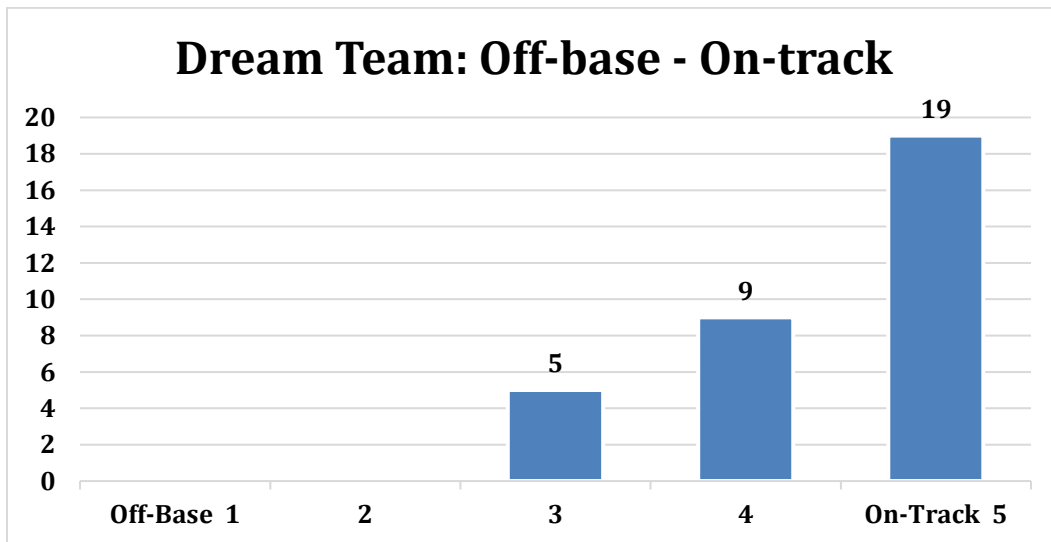
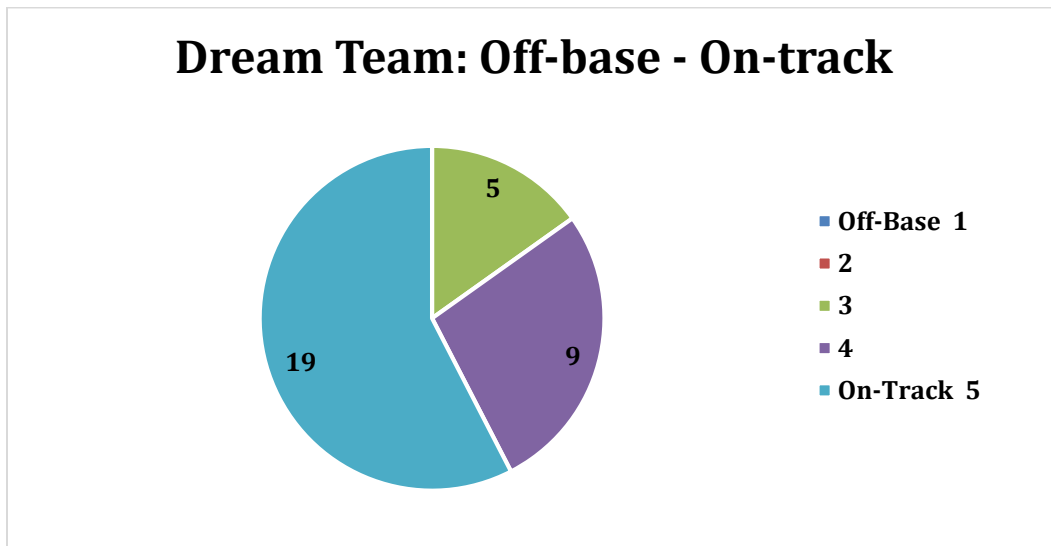




Figure 17. Dream Team: Discouraging-Encouraging

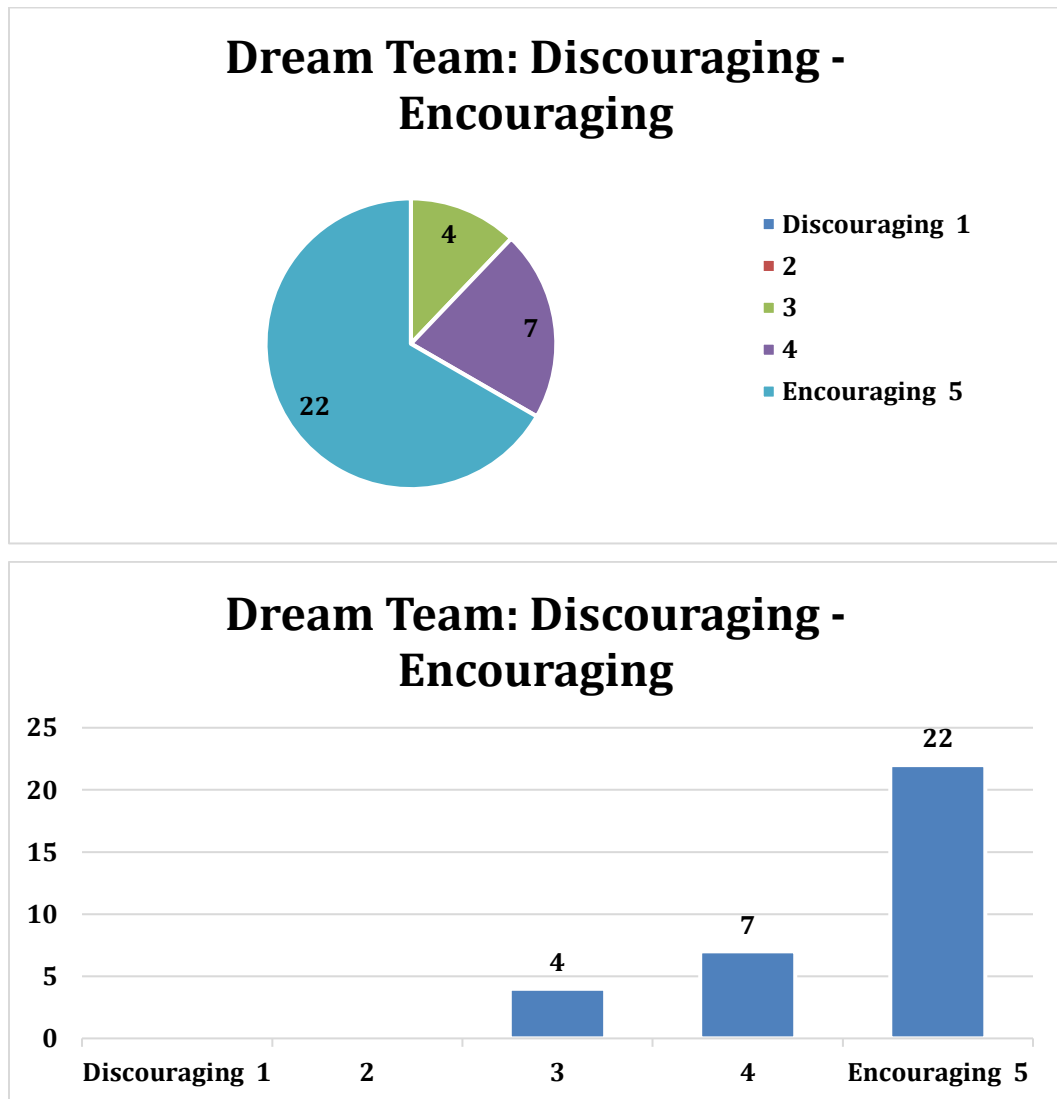


Figure 18. Transition from Foster Care: Not supported-Supported

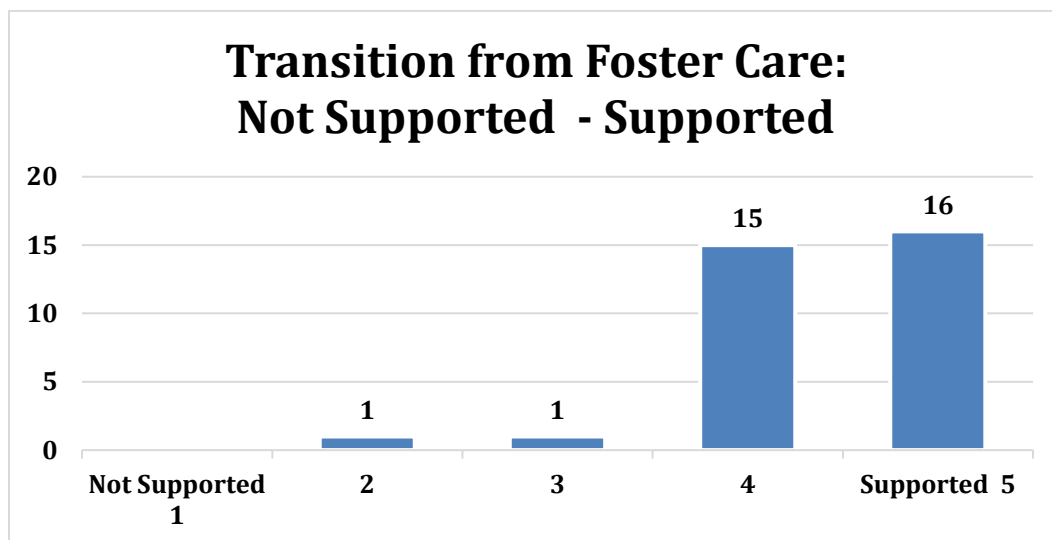
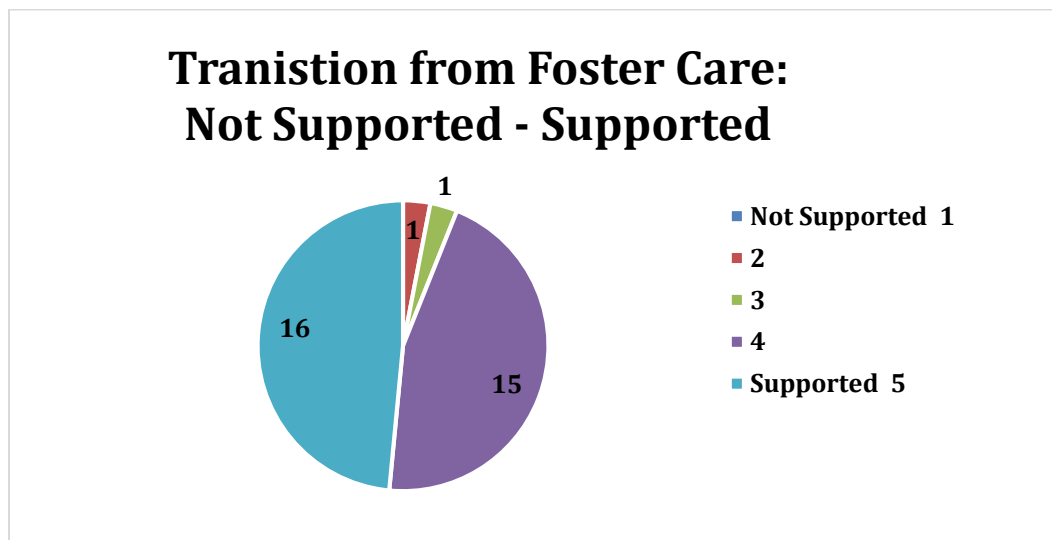


Figure 19. Transition from Foster Care: Worried-Hopeful

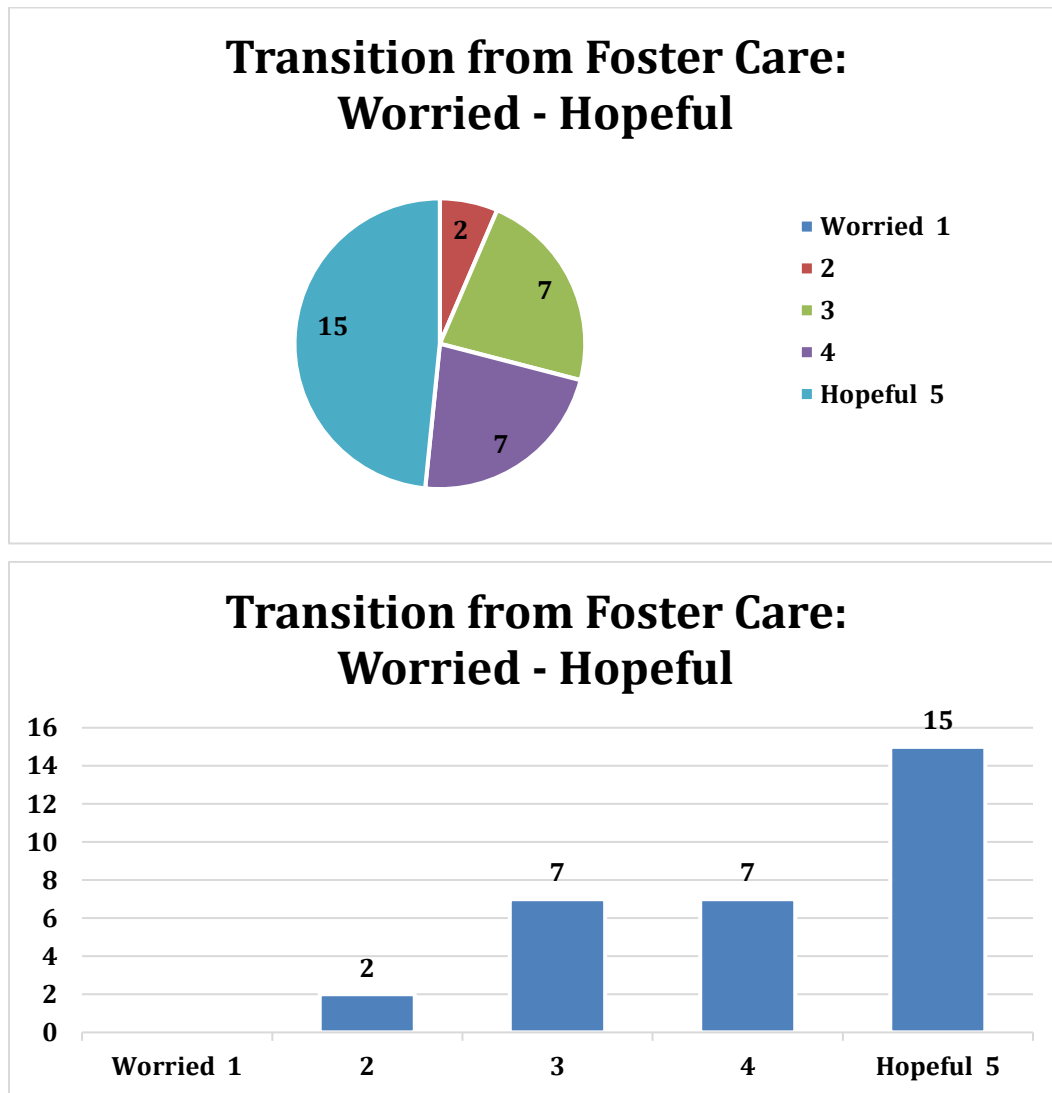


Figure 20. Transition from Foster Care: Ignored-Respect

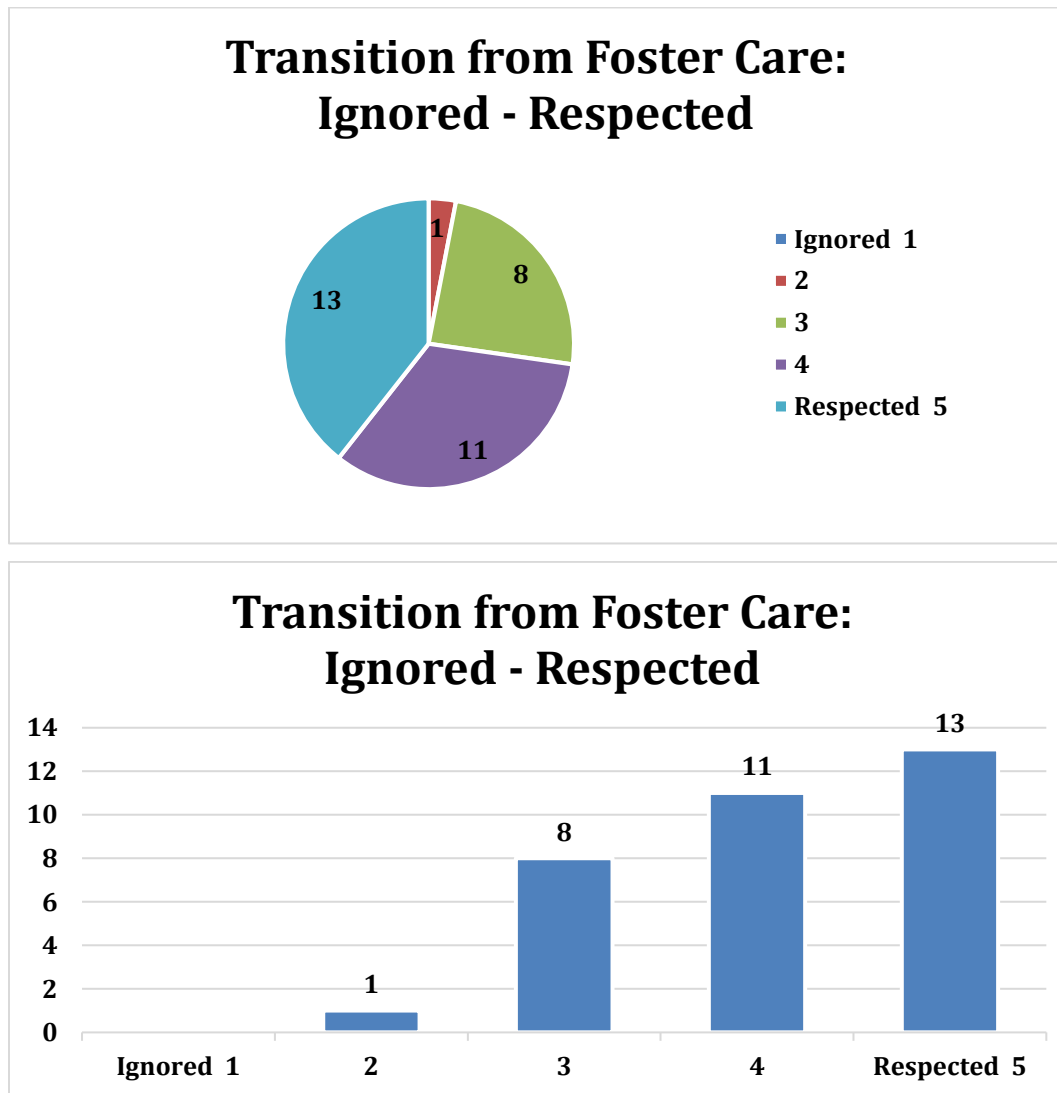


Figure 21. Transition from Foster Care: Helpless-Confident

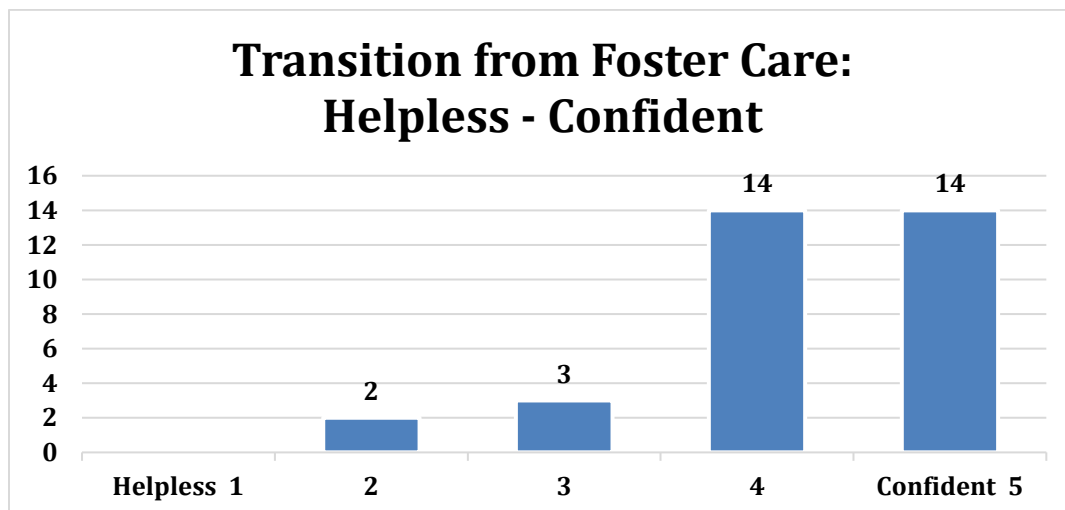
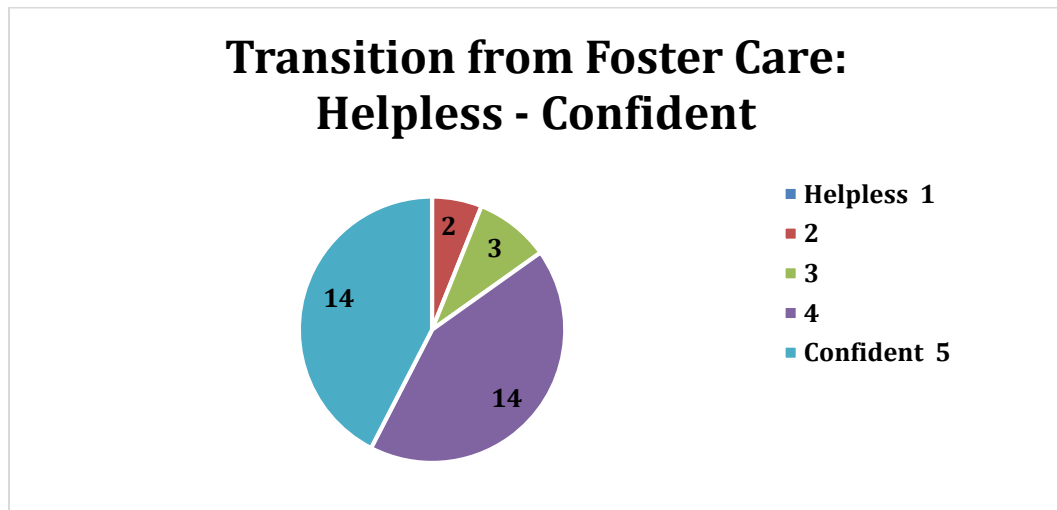


Figure 22. Transition from Foster Care: Not ready-Ready

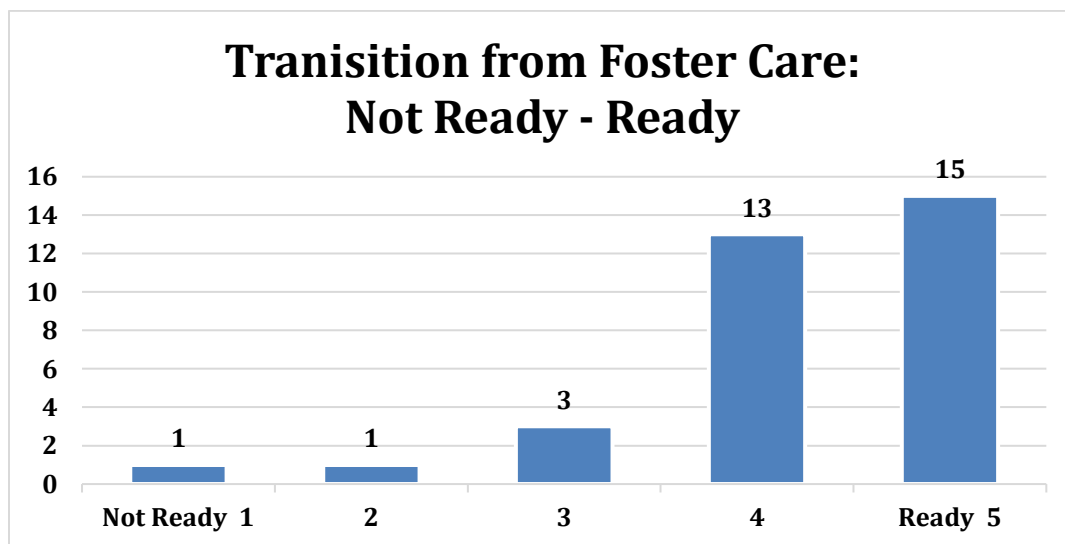
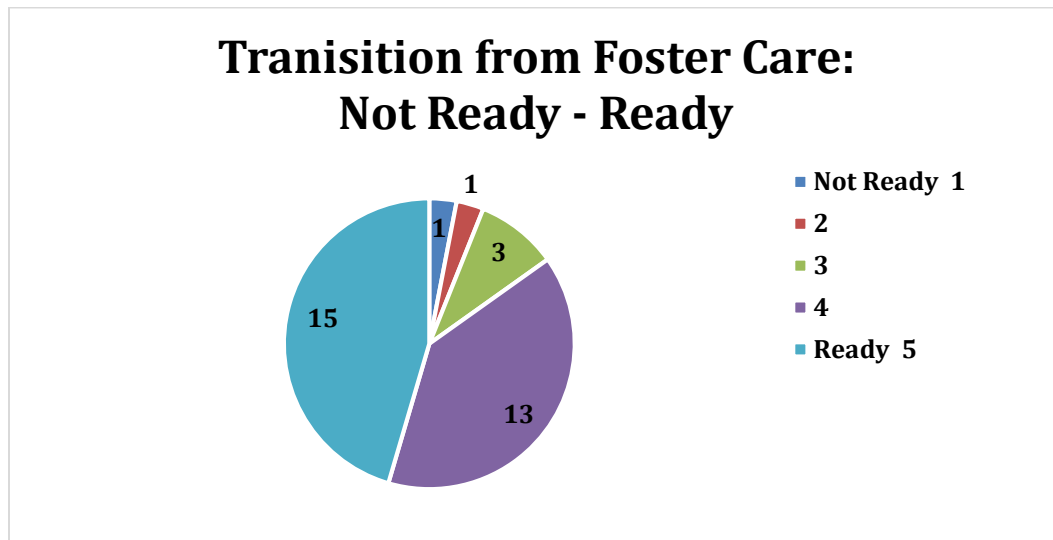


Figure 23. Would you recommend a Dream Team to others in foster care?

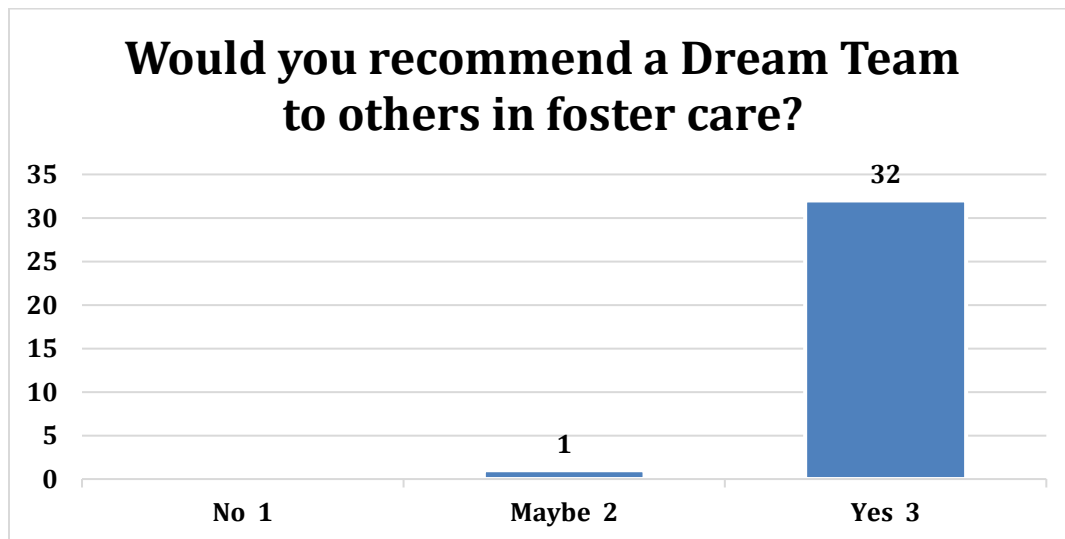
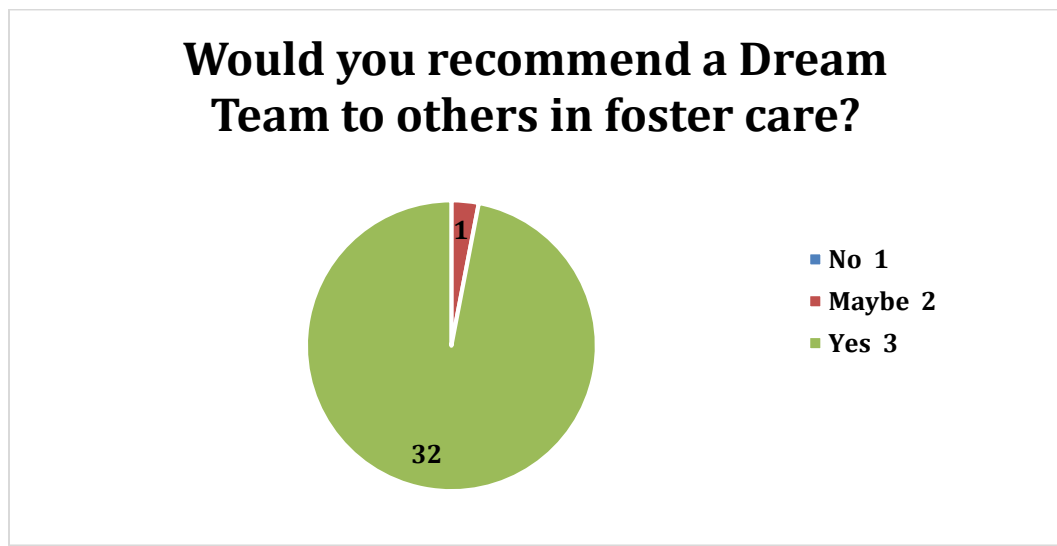


Table 1. Do you have any comments about your Dream Team experience?

<b>Comments about your Dream Team experience?</b>	
<b>Q22</b>	<b>Frequency</b>
I believe it was not time consuming, it went along with what I expected, I recommend it for others because it will help them get going with their goals and help them accomplish them.	1
I guess I would recommend it to kids that are older than me. I'm only 16 and won't be transitioning for another two years so this seemed pretty pointless at this time.	1
I really wasn't sure what was happen next and the dream team helped me figure that out. I think I need to meet with the team more than once. It helped all my family understand and helped me say what I wanted to say. Now my family and I are all on the same page.	1
I think it helped everyone that is working with me to understand how I feel and what my situation is and how they can best help me.	1
I would say that was a good thing to do because it helped me learn about how I can deal with problems in my life. This thing really spoke to me.	1
In the beginning it's kind of interesting, but now it is worth it. Kind of felt stressful, but well worth it in the end. Have not been in foster care.	1
It was helpful and I think they should use it for a lot more people!	1
It was very helpful and helped me realize what I need to do to get me where I am. I would strongly recommend it to other people.	1
It was very helpful, I think everyone should do this because it gives them an idea of what's going to happen when they get out of placement.	1
They were really helpful and proactive. They helped work around things that I'm already doing, and they seem genuine, so that's good!	1
No	20
No, not in foster care, but did have a dream team	1
No, not in foster care.	1
Not in foster care. He said he's "in treatment"	1
<b>TOTAL</b>	<b>33</b>



## APPENDICES

## Appendix A. Permission to Survey

### YOUTH TRANSITION DECISION-MAKING

Youth Feedback on their Dream Team – Permission to Survey

Youth Name \_\_\_\_\_ Facilitator Name \_\_\_\_\_  
 Youth State ID# \_\_\_\_\_ Youth DOB \_\_\_\_\_ Youth Gender \_\_\_\_\_

YTDM Meeting Date \_\_\_\_\_ Location \_\_\_\_\_  
 Meeting # (1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup>....) \_\_\_\_\_ Number of  
 Attendees \_\_\_\_\_

**I am willing to be contacted by researchers at Iowa State University (ISU) for the purpose of completing a five-minute survey on my Dream Team experience.**

Youth Signature \_\_\_\_\_ Date \_\_\_\_\_  
 Youth Phone \_\_ (\_\_\_\_) \_\_\_\_\_  Cell  Landline  
 May we text you at this number?  Yes  No

When is the best time to reach you? Please check all that apply:

Weekdays, 9am – 3pm  Weekdays, 3pm – 9pm

Weekends

Youth Email (if available) \_\_\_\_\_

Other Information that may help ISU contact you (for example, the best day or time to call to complete the survey, or specific days or times you know you will NOT be available)?

**Facilitator: Please email completed form to [whavema@dhs.state.ia.us](mailto:whavema@dhs.state.ia.us) or fax to 515-xxx-xxxx within 2 days of each completed Dream Team.**

*Tear off and give to the young person as a reminder:*

We hope your Dream Team experience was a good one. In order for us to continue to improve this process, we appreciate your willingness to complete a five-minute phone survey to give us some honest feedback. Researchers at Iowa State University will be contacting you soon after the meeting. If they do not reach you within the next week, please feel free to contact them at 1-800-xxx-xxxx to complete the short survey. THANK YOU!

## Appendix B. Survey Items

### Youth Transitioning Decision Making (YTDM): Youth Feedback on their Dream Team FINAL

Hello, this is [INTERVIEWER NAME] calling from Iowa State University. May I please speak to [YOUTH NAME]?

I'm calling to follow up on the Dream Team meeting that you participated in recently.

We'd like feedback about your experience with the Dream Team process. At your last Dream Team meeting, you and your team set a way to reach your goals. I would like to ask you some questions about your experiences with the whole process. Then, at the end, you will have a chance to share any other comments. This should take only about 5 minutes.

Before we begin, I want to assure you that all the information you provide will be kept confidential and used only to improve the Dream Team process in the future.

First, I'll read several statements. For each one, please tell me if you agree, disagree, or are not sure.

The first statements are about your Dream Team meeting. Here's the first one. [READ STATEMENT]  
(Do you agree, disagree, or are you not sure?)

		Agree	Disagree	Not Sure
1.	I chose to have this meeting.	1	2	3
2.	I knew what to expect.	1	2	3
3.	I felt involved in the conversation.	1	2	3
4.	I was treated with respect.	1	2	3

The next statements are about your transition plan that was developed at your Dream Team meeting.

[READ STATEMENT] (Do you agree, disagree, or are you not sure?)

		Agree	Disagree	Not Sure
1.	The plan is a good one for me.	1	2	3
2.	I know my next steps.	1	2	3

3.	I know how to find help to reach my goals.	1	2	3
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The next statements are about your relationships with people. [READ STATEMENT]  
(Do you agree, disagree, or are you not sure?)

		Agree	Disagree	Not Sure
1.	I have enough caring people in my life.	1	2	3
2.	People on my team will help me reach my goals.	1	2	3
3.	I know where to find help to reach my goals.	1	2	3

Next I'll read several pairs of words that are opposites. For each question, please choose the number from 1 to 5 that best describes your experiences and opinions about your Dream Team.

Here's the first one.

11. If 1 means **Not Helpful** and 5 means **Helpful**, which number from 1 to 5 best describes your Dream Team?

<b>Not Helpful</b>	1	2	3	4	5	<b>Helpful</b>
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12. If 1 means **Frustrating** and 5 means **Enjoyable**, which number from 1 to 5 best describes your Dream Team?

<b>Frustrating</b>	1	2	3	4	5	<b>Enjoyable</b>
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13. If 1 means **Pointless** and 5 means **Useful**, which number from 1 to 5 best describes your Dream Team?

<b>Pointless</b>	1	2	3	4	5	<b>Useful</b>
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14. If 1 means **Off-base** and 5 means **On-track**, which number from 1 to 5 best describes your Dream Team?

<b>Off-base</b>	1	2	3	4	5	<b>On-track</b>
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15. If 1 means **Discouraging** and 5 means **Encouraging**, which number from 1 to 5 best describes your Dream Team?

<b>Discouraging</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Encouraging</b>
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The next pairs of words relate to how you feel right now about your transition from Foster Care.

16. If 1 means **Not Supported** and 5 means **Supported**, which number from 1 to 5 best describes how you feel about your transition from Foster Care?

<b>Not supported</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Supported</b>
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17. If 1 means **Worried** and 5 means **Hopeful**, which number from 1 to 5 best describes how you feel about your transition from Foster Care?

<b>Worried</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Hopeful</b>
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18. If 1 means **Ignored** and 5 means **Respected**, which number from 1 to 5 best describes how you feel about your transition from Foster Care?

<b>Ignored</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Respected</b>
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19. If 1 means **Helpless** and 5 means **Confident**, which number from 1 to 5 best describes how you feel about your transition from Foster Care?

<b>Helpless</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Confident</b>
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20. If 1 means **Not Ready** and 5 means **Ready**, which number from 1 to 5 best describes how you feel about your transition from Foster Care?

<b>Not Ready</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>Ready</b>
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21. Would you recommend a Dream Team to others in foster care?

1 = No  
2 = Maybe  
3 = Yes

22. Finally, do you have any (other) comments about your Dream Team experience?

That's all the information we need. We may call you again in 6 months or a year to find out how you are doing. Meanwhile, we wish you well and thank you very much for your time today.

## Appendix C. Memo to YTDM Facilitators

DATE: September 19, 2013

TO: YTDM Facilitators ☺

FROM: Wendy Batten Havemann

RE: Research project to solicit feedback from youth participating in Dream Teams

I am excited to share with you details about a research project that is getting underway to gather feedback from youth participating in the YTDM/Dream Team process. The results of the surveys will provide much-needed evidence of the quality and effectiveness of YTDMS that will be extremely valuable as we work to sustain and expand the availability of Dream Teams for all older youth in foster care.

In order to conduct this research and survey young people, we need your help! During your prep with youth prior to the YTDM/Dream Team meeting, please share with them our interest in getting their feedback about the process. If they are willing to be surveyed, help the youth complete the attached form during your prep time. Send the form to me as soon as possible once the actual YTDM/Dream Team meeting has taken place.

Points to make when explaining the survey to young people:

- YTDMS/DreamTeams are still relatively new and not all young people are able to have them
- We need their honest feedback on the process in order to improve DreamTeams and make them available to more youth
- If they agree, researchers at Iowa State University\* will call them on the number they provide a few days after the meeting and ask them to complete a short, five-minute survey over the phone.
- Their answers will be kept completely confidential
- It's very important to have as many youth participate as possible so that we can continue to make Dream Teams better.

If you have any questions about the process or the survey itself, please do not hesitate to contact me at [whavema@dhs.state.ia.us](mailto:whavema@dhs.state.ia.us) , 515-281-8472, or 515-520-2519.

\*The Department has recently finalized an agreement with the Child Welfare Research and Training Project and Survey and Behavioral Research Services (SBRS) at Iowa State University to conduct phone surveys with up to 100 youth who participate in Dream Teams over the next several months.

## Appendix D. Data Analytic Details

Descriptive of the mean for Q1-Q10

Scoring (recoded): 1 = Disagree, 2 = Not sure, 3 = Agree

### Individual Questions

Descriptive Statistics for Items					
	N	Minimum	Maximum	Mean	Std. Deviation
Your Dream Team Meetings					
RQ1 - I chose to have this meeting	33	1.00	3.00	2.91	.38
RQ2 - I knew what to expect	33	1.00	3.00	2.64	.65
RQ3 - I felt involved in the conversation	33	1.00	3.00	2.88	.42
RQ4 - I was treated with respect	33	3.00	3.00	3.01	.00
Your Transition Plan					
RQ5 - The plan is a good one for me	33	2.00	3.00	2.91	.29
RQ6 - I know my next steps	33	1.00	3.00	2.73	.53
RQ7 - I know how to find help to reach my goals	33	3.00	3.00	3.00	.00
Your Relationships with People					
RQ8 - I have enough caring people in my life	33	1.00	3.00	2.88	.42
RQ9 - People on my team will help me reach my goals	33	3.00	3.00	3.00	.00
RQ10 - I know where to find help to reach my goals	33	2.00	3.00	2.94	.24
Valid N (listwise)	33				

Descriptive of the Composite Means for three scales using Q1 – Q10

### Summary Scales

Descriptive Statistics for Summary Scales					
	N	Minimum	Maximum	Mean	Std. Deviation
Meetings scale (Q1 – Q4)	33	2.25	3.00	2.86	.23
Plan scale (Q5 to Q7)	33	2.00	3.00	2.88	.25
People scale (Q8-Q10)	33	2.00	3.00	2.94	.19
Valid N (listwise)	33				

Mmeeting: Q1 to Q4 (alpha = .112)

Mplan: Q5 to Q7 (alpha = .541)

Mpeople: Q8 to Q10 (alpha = .483)



## Descriptive of computed mean for Q11-Q15: About Your Dream Team

**Descriptive Statistics**

	N	Minimum	Maximum	Mean	Std. Deviation
Mean of Q11 to Q15	33	3.40	5.00	4.43	.48
Valid N (listwise)	33				

## Factor Analysis results for Q11-Q15

**Total Variance Explained**

Component	Initial Eigenvalues			Extraction Sums of Squared Loadings		
	Total	% of Variance	Cumulative %	Total	% of Variance	Cumulative %
1	2.22	44.49	44.49	2.22	44.49	44.49
2	1.20	24.06	68.55	1.20	24.06	68.55
3	.72	14.45	83.01			
4	.52	10.38	93.39			
5	.33	6.61	100.00			

Extraction Method: Principal Component Analysis.

**Component Matrix<sup>a</sup>**

	Component	
	1	2
Q11 - If 1 means Not Helpful and 5 means Helpful, which number from 1 to 5 best describes your Dream Team?	.86	-.18
Q12 - If 1 means Frustrating and 5 means Enjoyable, which number from 1 to 5 best describes your Dream Team?	.45	.64
Q13 - If 1 means Pointless and 5 means Useful, which number from 1 to 5 best describes your Dream Team?	.50	.65
Q14 - If 1 means Off-base and 5 means On-track, which number from 1 to 5 best describes your Dream Team?	.61	-.57
Q15 - If 1 means Discouraging and 5 means Encouraging, which number from 1 to 5 best describes your Dream Team?	.81	-.13

Extraction Method: Principal Component Analysis.

a. 2 components extracted.

Factor 1 (Supportive): Q11, 14, 15 (Cronbach's Alpha: .751)

Factor 2 (Productive): Q12, 13 ( $r = .339$ ,  $p = .027$ )

Descriptive of the computed mean for Q16-Q20 (Optimistic)

**About your Transition from Foster Care**

**Descriptive Statistics**

	N	Minimum	Maximum	Mean	Std. Deviation
Mean of Q16-Q20	33	1.80	5.00	4.17	.67
Valid N (listwise)	33				

**Factor Analysis results for Q16- Q20:**

**Total Variance Explained**

Component	Initial Eigenvalues			Extraction Sums of Squared Loadings		
	Total	% of Variance	Cumulative %	Total	% of Variance	Cumulative %
1	2.69	53.86	53.86	2.69	53.86	53.86
2	.85	16.74	70.60			
3	.75	15.02	85.63			
4	.49	9.79	95.41			
5	.23	4.56	100.00			

Extraction Method: Principal Component Analysis.

Factor 1 (Optimistic): Q16-Q20 (Cronbach's Alpha: .759)

Descriptive of the computed means for the three factors

**Supportive:**

**Descriptive Statistics**

	N	Minimum	Maximum	Mean	Std. Deviation
Supportive Mean of Q11, 14, 15	33	3.00	5.00	4.42	.62
Valid N (listwise)	33				

**Productive:**

**Descriptive Statistics**

	N	Minimum	Maximum	Mean	Std. Deviation
Productive Mean of Q12, Q13	33	3.00	5.00	4.44	.57
Valid N (listwise)	33				

**Optimistic:** same as the computed mean for Q16-Q20

**Descriptive Statistics**

	N	Minimum	Maximum	Mean	Std. Deviation
Optimistic Mean of Q16-Q20	33	1.80	5.00	4.17	.67
Valid N (listwise)	33				

Table 2. Correlations between factors

		<b>Correlations</b>					
		Mmeeting	Mplan	Mpeople	optimistic Mean of Q16- Q20	supportive Mean of Q11, 14, 15	productive Mean of Q12 and Q13
Meetings Mean of Q1-4	Pearson Correlation	1	<b>.33*</b>	.27	<b>.41**</b>	<b>.38*</b>	<b>.36*</b>
	Sig. (1-tailed)		.03	.06	.01	.02	.02
	N	33	33	33	33	33	33
Plan Mean of Q5-7	Pearson Correlation	<b>.33*</b>	1	<b>.49**</b>	<b>.42**</b>	<b>.41**</b>	.06
	Sig. (1-tailed)	.03		.00	.01	.01	.38
	N	33	33	33	33	33	33
People Mean of Q8-10	Pearson Correlation	.27	<b>.49**</b>	1	<b>.70**</b>	.13	.15
	Sig. (1-tailed)	.06	.00		.00	.23	.20
	N	33	33	33	33	33	33
Optimistic Mean of Q16-Q20	Pearson Correlation	<b>.41**</b>	<b>.42**</b>	<b>.70**</b>	1	<b>.46**</b>	<b>.41**</b>
	Sig. (1-tailed)	.01	.01	.00		.00	.01
	N	33	33	33	33	33	33
Supportive Mean of Q11, 14, 15	Pearson Correlation	<b>.38*</b>	<b>.41**</b>	.13	<b>.46**</b>	1	.25
	Sig. (1-tailed)	.02	.01	.23	.00		.08
	N	33	33	33	33	33	33
Productive Mean of Q12, Q13	Pearson Correlation	<b>.36*</b>	.06	.15	<b>.41**</b>	.25	1
	Sig. (1-tailed)	.02	.38	.20	.01	.08	
	N	33	33	33	33	33	33

\*. Correlation is significant at the 0.05 level (1-tailed).

\*\*Correlation is significant at the 0.01 level (1-tailed).

Table 2 explanation: The table shows correlations between the six summary scales. Items Q1-Q10 were divided into three summary scales (meetings; plan; people). Items Q11-Q20 factored into three scales (optimistic; supportive; productive). Correlational results show significant positive associations between meetings and plan (.33), and between plan and people (.49). Youth who scored higher on optimistic scored significantly higher on meeting, plan, and people. Youth who scored higher on supportive, scored significantly higher on meetings and people. Youth who scored higher on productive, scored higher on meetings. Scoring higher on optimistic was significantly associated with higher scores on both supportive and productive.

